



CREATIVE
INTELLECTUAL
PHYSICAL
SOCIAL
NUTRITIONAL
EMOTIONAL
DIGITAL
MENTAL
ENVIRONMENTAL
SPIRITUAL
CULTURAL
CIVIC

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Wholeness Unfurled : A Journey through Health's World

Embarking on a transformative journey of well-being, the acknowledgment of multiple health dimensions becomes paramount. Neglecting any of these dimensions over time can impact our overall health and quality of life. Health is not a singular resource but a dynamic, situation-specific phenomenon, adapting seamlessly to life's diverse situations. In fact it is much like a finely tuned composition that engages the body, mind, and spirit, fostering positivity and enduring motivation for healthy habits. This holistic approach transcends mere balance and forms the fabric of our existence, creating an environment where each dimension collaborates to nurture a robust, healthy lifestyle.

This calendar unfolds a captivating expedition, exploring various types of health, from handling emotions to managing finances, from fostering strong relationships to maintaining spiritual well-being, or from making nutritious choices to promoting environmental sustainability. Let us further explore this guide for achieving a harmonious balance across the spectrum of health dimensions.

Activity
Calendar
2024-25

Principal's
Address

A Thoughtful Perspective:
Exploring Wholeness
Within Wellness



Kindergarten Section

Date	Event	Class
03	Hands Play Activity	Nur
03	Alphabet Clay-Art Activity	LKG
03	Dot Activity	UKG
05	Sand Tray-Activity	Nur-UKG
10	Red Colour Day	Nur
10	Family Bond Activity	LKG
10	Cup-o-Mania Activity	UKG
19	Eco-Friendly Puppets Activity	LKG
24	Family Tree Activity	UKG

Primary Section

Date	Event	Class
06	Creative Treasured Tags Activity	I-III
06	Quillmark Crafting Activity	IV-V
20	Enchantasia Competition	I-III
20	Brandblitz Competition	IV-V
27	Line Art Activity	I-III
27	Combinative Interplay (Activity)	IV-V

Middle Section

Date	Event	Class
06	Creative Expressions Activity	VI-VIII
20	News Anchoring Competition	VI-VIII

Senior Section

Date	Event	Class
06	Mystery Box Challenge (Art & Craft Activity)	IX-XII
20	Explora Vision (Sketch and Prototype)	IX-XII

Value of the Month

Humility

In humility's embrace, greatness finds its seed, A quiet strength in noble hearts, a virtue to heed.

Explore More



Kritika Garg (IX-F)

APRIL 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 New Session Begins	2	3	4	5	6
7 WORLD HEALTH DAY	8 Harmony of Health (Nur-UKG) Enrichment/ Merit Classes Start (III-VIII)	9 Class Visit (VI-A) Design Thinking Challenge-Innovation and Robotics Activity	10 Connectarium (V) Orientation & Interactive Session (VIII)	11 Connectarium (IV) Orientation & Interactive Session (VII)	12 Connectarium (III) Baisakhi Celebration (Nur-UKG) Orientation & Interactive Session (VI) Class Visit (VII-A)	13 Second Saturday Baisakhi JALLIANWALLA BAGH MASSACRE DAY
14 Ambedkar Jayanti	15 Connectarium (II) Orientation & Interactive Session (IX)	16 Connectarium (I) Orientation & Interactive Session (X) Class Visit (VIII-A)	17 Ram Navami	18 WORLD HERITAGE DAY Connectarium (UKG), Birthday Celebration (Nur) Orientation & Interactive Session (XI)	19 Guest Lecture (Nur-LKG) Orientation & Interactive Session (XII), Class Visit (IX-A)	20 Connectarium (LKG) Guest Lecture by Parents (UKG-IX)
21 Mahavir Jayanti	22 Green School Program Earth Day Plantation Drive (Nur) Awareness Drive-Cycle Rally (UKG)	23 WORLD BOOK DAY ENGLISH LANGUAGE DAY Class Visit (X-A)	24 Morning Assembly-Integrity (V A-E)	25 WORLD MALARIA DAY Morning Assembly-Integrity (V F-J) Class Visit (VI-B)	26 Morning Assembly-Perseverance (IV A-E), Fresher's Party (Nur) Class Visit (VII-B)	27 Morning Assembly-Perseverance (IV F-J) No Bag Day (UKG-VIII) Annual Prize Distribution Function, PTM (Online)
28	29 International Dance Day Morning Assembly-Self Discipline (III A-E) Class Visit (VIII-B)	30 Morning Assembly-Self Discipline (III F-J) Class Visit (IX-B)				

CBSE

- Adolescent Peer Educators Leadership Programme Registration for 5th Phase (Online)
- Expression Series (Quarter-1) 24-25 (Online)
- Science Challenge (Online)

Week Celebration (2024-25)

Environment Awareness Week

Club Meeting

2nd & 3rd week of the month

Kindergarten Section

Date	Event	Class
03	My Well Being	Nur
03	Say It With Shapes Competition	LKG
04	Waste to Wonders Competition	UKG
08	Number Chair Game (LKG)	LKG
17	Toy-tastic Day	Nur
22	Face Craft Activity	Nur
23	Rainbow Joy Day	Nur
24	My Well Being	LKG
25	My Well Being	UKG

Primary Section

Date	Event	Class
04	Combinative Interplay (Activity)	I-III
04	Art of Dialogue Writing (Activity)	IV-V

Middle Section

Date	Event	Class
04	Tales in Ink	VI-VIII

Senior Section

Date	Event	Class
04	Colourful Serenity	IX-XII

Value of the Month

Open-mindedness

Open minds, like books, discover new tales, Embrace diverse views, and wisdom unveils.

Explore More



Gunika Bansal (VIII-A)

MAY 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 INTERNATIONAL LABOUR DAY Notebook Checking Starts (I-V) Morning Assembly-Gratitude & Humility (II A-E) May Day Celebration (Nur- UKG)	2 Morning Assembly-Gratitude & Humility (II F-J) Class Visit (X-B)	3 Morning Assembly-Sharing & Cooperation (I A-E) Class Visit VI-C	4 Morning Assembly-Sharing & Cooperation (I F-J) Library Committee Meeting
5	6 Innovative Project-Innovation & Robotics Activity	7 WORLD LAUGHTER DAY BIRTH ANNIVERSARY OF RABINDER NATH TAGORE Class Visit (VII-C), Notebook Checking Starts (Nur-UKG)	8 WORLD RED CROSS DAY Notebook Checking Starts (VI-VIII)	9	10 Class Visit (VIII-C) Notebook Checking Ends (Nur-V) Investiture Ceremony (Primary)	11 Second Saturday NATIONAL TECHNOLOGY DAY
12	13	14 Enrichment/ Merit Classes End (III-V)	15 Notebook Checking Ends (VI-VIII)	16 Birthday Celebration (Nur) Pre Mid Term Assessment (I-V) Starts	17 Enrichment Classes End (VI-VIII)	18 WORLD ASTRONOMY DAY A day with Mom (Nur)
19	20 Pre-mid Term Evaluation Starts (IX-XII)	21 Pre-mid Term Examination Starts (VI-VIII)	22 INTERNATIONAL DAY FOR BIOLOGICAL DIVERSITY	23	24 COMMONWEALTH DAY	25 Pre-mid Term Evaluation Ends (IX-XII)
26	27 Pre-mid Term Assessment (I-VIII) Ends	28	29	30 No Bag Day (UKG-VIII)	31 WORLD NO TOBACCO DAY Connectarium (Nur) PTM (Offline)	

CBSE

- Science Challenge (Online)

Week Celebration (2024-25)

- Cleanliness Week
- Health & Wellness Week

Club Meeting

2nd week of the month



PLEASURE in the job puts **PERFECTION** in the work.

– Aristotle



JUNE 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30						1 Summer Vacation Starts (Nur-IX, & XI)
2 Vedic Camp Starts	3	4	5	6	7	8
9 Vedic Camp Ends Summer Break Starts (X & XII)	10	11	12	13	14	15
16	17	18	19 NATIONAL READING DAY	20	21 YOGA DAY CELEBRATION	22
23	24	25	26	27	28	29

Value of the Month

Creativity

Creativity, the alchemy of thought, Where innovation and imagination are finely wrought.

Explore More



Harman Hunjan (XI Arts)

CBSE

➤ Reading Challenge (Online)





Physical Health.

Fitness Finesse

Physical health operates like a bustling **energy bank**, where consistent deposits of nutritious choices and regular exercise act as smart investments. Much like building wealth over time, these investments grow into a substantial reserve, providing us with an abundance of energy and vitality. This health capital becomes our currency for daily transactions in the dynamic marketplace of life, ensuring we have the strength and endurance to navigate challenges and savor the richness of our experiences. Just as a well-managed financial portfolio contributes to a prosperous future, nurturing our physical well-being guarantees a bountiful reserve for the adventures and opportunities that lie ahead. So, let's persist in nourishing our physical well-being, securing a vibrant reserve for the wealth of life's adventures and opportunities ahead.

Prioritize regular exercise, balanced nutrition, adequate sleep, and stress management for optimal physical well-being.

06 June
2024

MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN
					01	02	03	04	05	06	07	08	09
10	11	12	13	14	15	16	17	18	19	20	21	22	23
24	25	26	27	28	29	30							

Kindergarten Section

Date	Event	Class
10	Trump to Jump	Nur
10	Abacus Play Activity	LKG
12	Rythmic Echoes Competition	LKG
12	Blue Colour Day	Nur
19	Super Champ Contest	Nur
20	Poetry Slam Competition	UKG
24	Jungle-Jamboree Activity	Nur
24	Old McDonald Activity	UKG
26	Pool Party	Nur
27	Claytivity	UKG

Primary Section

Date	Event	Class
20	Nritya Sangam Competition	I-III
20	Vedic Declamation Competition	IV-V
24-31	JAM Show	I-II
24-31	Infotainment Show	III
24-31	Kaleidoquest	IV
24	Art Alchemy Activity	V

Middle Section

Date	Event	Class
20	Vedic Declamation	VI-VIII

Senior Section

Date	Event	Class
20	Numeria Quest - Maths Activity	IX-XII

Value of the Month

Prudence

Prudence, the savvy captain of your ship, Steer with wisdom, success on your trip.

Explore More



Kartik Slaria (X-H)

JULY 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7 Summer Vacation Ends	8	9 Enrichment/Merit Classes Start (VI-VIII)	10 Enrichment/Merit Classes Start (III-V)	11 WORLD POPULATION DAY	12 Vedic Declamation (Round 1) (IV-IX) Class Visit (IX-C)	13 Second Saturday
14	15	16 OUTDOOR NATURE SCAVENGER HUNT- INNOVATION & ROBOTICS ACTIVITY Class Visit (X-C)	17 Class Visit (VI-D)	18 Birthday Celebration (Nur)	19 BIRTH ANNIVERSARY OF MANGAL PANDEY Guest Lecture (Nur-LKG) Class Visit (VII-D)	20 Vedic Declamation (Round 2) (IV-IX) Guest Lecture by Parents (UKG-IX)
21	22	23 BIRTH ANNIVERSARY OF BAL GANGADHAR TILAK Class Visit (VIII-D)	24 Primary Inter Section Activity Starts	25 Class Visit (IX-D)	26 KARGIL VICTORY DAY Class Visit (X-D) Green School Program Van-Mohatsav	27 Class Assembly (UKG-A) No Bag Day (UKG-VIII) PTM (Online) Toppers' Day
28 GREEN SCHOOL PROGRAM- WORLD NATURE CONSERVATION DAY	29 WORLD TIGER DAY	30 Class Visit (VI-E)	31 Class Visit (VII-E) Primary Inter Section Activity Ends			

CBSE

- > Expression Series Quarter-2 (Online)
- > Anyabhatta Ganit Challenge (Online)
- > Story Telling Competition (Online)

Week Celebration (2024-25)

Charity Week

Club Meeting

2nd & 3rd week of the month

Kindergarten Section

Date	Event	Class
02	Paper Tearing and Pasting Comp.	Nur
02	Boogie Woogie Competition	LKG
03	Boogie Woogie Competition	UKG
21	Musical Chair Activity	Nur
21	Masti Ki Pathshala	LKG
21	Master Chef Activity	UKG
23	Clay Play Day	Nur
23	Show 'n' Tell Competition	LKG
24	Let's Roll A Story	UKG
30	Memory Game	UKG

Primary Section

Date	Event	Class
03	Clayivity	I-V
05-07	Drama Diadem - A Regal Tale	V
17	Spin a Story (Competition)	I-III
17	Comic Strip Writing (Activity)	IV-V
24	Story Pictionary (Activity)	I-III
24	News Anchoring (Competition)	IV-V

Middle Section

Date	Event	Class
1-7	STEAM Galore	VI-VIII
17	Word Wizardry	VI-VIII
24	We the Sherlock Holmes	VI-VIII

Senior Section

Date	Event	Class
03	Conventional to Contemporary - (Business Plan Competition)	IX-XII
24	Brain Teaser Quiz	IX-XII

Value of the Month

Patriotism

For homeland's soil, where hearts are bound. Unity's Anthem, in voices resound.

Explore More



Akshita Kapoor (IX-B)

AUGUST 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
					Class Visit (VIII-E) Revision Test Starts (I-VIII)	
4	5	6	7	8	9	10
	Primary Inter Section Activity Starts	HIROSHIMA DAY Digital Storytelling-Innovation & Robotics Activity Class Visit (IX-E)	Class Visit (X-E) Primary Inter Section Activity Ends	Class Visit (VI-F)	NAGASAKI DAY Class Visit (VI-G)	Second Saturday
11	12	13	14	15	16	17
	INTERNATIONAL YOUTH DAY		Tribute to Mother Land (Nur-UKG), Class Assembly (UKG-B)	Independence Day	Guest Lecture (Nur-LKG)	Guest Lecture by Parents (UKG-VIII) Class Assembly (UKG-C)
18	19	20	21	22	23	24
	Raksha Bandhan GREEN SCHOOL PROGRAM-RAKSHA BANDHAN, WORLD PHOTOGRAPHY DAY	Class Visit (VII-F) Notebook Checking Starts (VI-VIII) Revision Test Starts (IX-XII)		Class Visit (VIII-F) Birthday Celebration (Nur)	Class Visit (IX-F) Revision Test Ends (I-VIII)	
25	26	27	28	29	30	31
	Janmashtami BIRTH ANNIVERSARY OF MOTHER TERESA Class Visit (X-F)	Class Visit (VI-H) Notebook Checking Starts (Nur-IV)	Invention Convention-Innovation & Robotics Activity, Notebook Checking Ends (VI-VIII)	NATIONAL SPORTS DAY Class Visit (VII-G)	Class Visit (VIII-G) No Bag Day (UKG-VIII)	PTM (Offline)

CBSE

- Aryabhatta Ganit Challenge (Online)
- Story Telling Competition (Online)

Week Celebration (2024-25)

- Cleanliness Week
- Patriotic Week

Club Meeting

2nd week of the month

Saying you are a **PATRIOT** is not enough, you have to be **ONE**.

– Janusz Korwin-Mikke



Kindergarten Section

Date	Event	Class
04	Musical Chair Activity	UKG
20	Goodie Foodie Day	Nur-UKG

Primary Section

Date	Event	Class
7	Combinative Interplay (Activity)	I-V



Value of the Month

Versatility

Versatility shines, in every role you define, Adapt, evolve, and let your brilliance intertwine.

Explore More



Gunn Sachdeva (XII CFS)

SEPTEMBER 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Notebook Checking Ends (Nur-UKG) Revision Test Ends (IX-XII)	3 Class Visit (IX G)	4	5 Teachers' Day Celebration	6 Notebook Checking Ends (I-V) Enrichment/ Merit Classes End (III-VIII) Class Visit (X G) Community Service Project-Innovation & Robotics Activity	7
8 INTERNATIONAL LITERACY DAY	9	10	11	12	13	14 Second Saturday HINDI DIWAS
15 INTERNATIONAL CHARITY DAY	16 WORLD OZONE DAY	17	18	19 Birthday Celebration (Nur)	20	21
22	23	24 Annual Show (Nur)	25 Annual Show (LKG)	26 Annual Show (UKG)	27 WORLD TOURISM DAY No Bag Day (Nur-V)	28 PTM (Offline)
29 Autumn Break Starts	30					

Week Celebration (2024-25)

Gratitude Week



TEACHERS plant the seeds of **KNOWLEDGE** that grow **FOREVER**.





Emotional Health:

Emotion Ease

Like a **ship** navigating life's unpredictable ocean, our emotional health faces challenges and uncertainties along the journey. Navigating the waves of feelings is like steering through obstacles with strength and grace. Just as a ship needs skillful navigation, our well-being thrives when we acknowledge and express feelings, creating a mosaic of our inner world. It's like a cherished melody where joy, sadness, and everything in between compose the beautiful symphony of our souls. Let's treasure each emotional wave, allowing them flow like tides, embracing the full spectrum of feelings as essential chapters of our life's story—an artwork of resilience and genuine self-expression.

Acknowledge and express emotions, cultivate self-awareness, and practice healthy coping mechanisms for optimal emotional well-being.

09 September
2024

MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN
						01	02	03	04	05	06	07	08
09	10	11	12	13	14	15	16	17	18	19	20	21	22
23	24	25	26	27	28	29	30						

Kindergarten Section

Date	Event	Class
05	Zoo A Day	UKG
09	Community Heroes (Role Play)	LKG
11	Zoo-a-Day (Virtual Jungle Safari)	Nur
11	Zoo-a-day (Dot-to-Dot Activity)	LKG
16	Alphabet Art Activity	LKG
19	Show 'n' Tell Comp	UKG
23	Magical Colours Activity	Nur
25	Rhythmic Echoes Competition	Nur
25	Candle Decoration Competition	LKG
29	Rangoli Activity	Nur-UKG

Primary Section

Date	Event	Class
05	Goodie Foodie Day (Activity)	I-III
05	My Hero Monologue (Competition)	IV-V
19	Spell Bee	I-V
26	Poetic Musings Competition	I-III
26	TED TALK / Culinary Art Competition	IV-V
29	Mere School Mein Diwali	I-V

Middle Section

Date	Event	Class
05	The Rising Cook	VI-VIII
09-11	Annual Athletic Meet	VI-VIII
19	Young Commentator Competition	VI-VIII

Senior Section

Date	Event	Class
5	Moot Court	IX-XII
19	Diwali-o-mania	IX-XII
26	Artisans' Fair	IX-XII

Value of the Month

Contentment

Contentment, a tranquil embrace of the soul's delight, Where inner peace and joy ignite.

Explore More



Gunisha Gupta (X G)

OCTOBER 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Gandhi Jayanti Autumn Break Ends	3	4 100th Day Celebration (Nur) Class Visit (VI-I) Enrichment/Merit Classes Start (VI-VIII)	5 Enrichment/Merit Classes Start (III-V)
6	7 WORLD HABITAT DAY	8 INDIAN AIRFORCE DAY Class Visit (VII-H)	9 Annual Athletic Meet Starts (VI-VIII)	10 National Post Day (UKG) Historical Time Capsule-Innovation & Robotics Activity	11 INTERNATIONAL DAY OF GIRL CHILD Annual Athletic Meet Ends (VI-VIII)	12 Second Saturday Dussehra
13	14 Class Visit (VIII-H)	15 BIRTH ANNIVERSARY OF ABDUL KALAM Class Visit (IX-H)	16 WORLD FOOD DAY Class Assembly (UKG-D)	17 Valmiki Jayanti	18 Guest Lecture (Nur-LKG) Class Visit (X-H)	19 Guest Lecture by Parents (UKG-VIII)
20 Karva Chauth	21	22 Annual Show (Primary)	23 Annual Show (Middle)	24 UNITED NATIONS DAY Birthday Celebration (Nur) Annual Show (Sr.)	25 Class Visit (VII-I)	26 No Bag Day- (Diwali-O-Mania) (VI-VIII) PTM
27	28 Class Assembly (UKG-E) Class Visit (VIII-I) Environment Sustainability Project-Innovation & Robotics Activity	29 ANTI CRACKER RALLY No Bag Day (I-V)	30 Diwali Break Starts	31 NATIONAL UNITY DAY		

CBSE

- Expression Series Quarter-3
- Heritage India Quiz (Online/Offline)

Week Celebration (2024-25)

Cleanliness Week

The greatness of a **CULTURE** can be found in its **FESTIVALS**.
– Siddharth Katragadda



Kindergarten Section

Date	Event	Class
06	Balloon Fun Activity	Nur
06	Mystery Game	LKG
06	Sticky Numbers Activity	UKG
08	Cap Making Activity	Nur
08	Paper Plate Craft Activity	LKG
09	Puppet Making Activity	UKG
16	Little Leaders Speak Comp.	UKG
22	Show 'n' Tell Competition	Nur
29	Helping buddies	Nur
29	Let's roll a story	LKG

Primary Section

Date	Event	Class
16	Story Weaver (Activity)	I-III
16	Digital Art (Competition)	IV-V

Middle Section

Date	Event	Class
16	Comedy Circle	VI-VIII
23	Edu Games	VI-VIII

Senior Section

Date	Event	Class
23	Comedy Circle	IX-XII

Value of the Month

Selflessness

In selfless deeds,
a grace untold,
Kindness
blooms, a pure
and precious
gold.

Explore More



Bhargav Vinayak (XI CFS)

NOVEMBER 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3 Diwali Break Ends	4	5 Class Visit (IX-I) Construct A Simple Electric System - Innovation & Robotics Activity	6 Revision Test Starts (VI-VIII)	7	8 Revision Test Starts (I-V) Class Visit (X-I)	9 Second Saturday
10 WORLD SCIENCE DAY FOR PEACE AND DEVELOPMENT	11 NATIONAL EDUCATION DAY	12 Class Visit (VI-J)	13 WORLD KINDNESS DAY	14 Children's Day Children's Day (Nur.-UKG) Class Assembly (UKG-F)	15 Birth Anniversary of Guru Nanak Dev Ji	16 Guest Lecture by Parents (UKG-VIII) Class Assembly (UKG-G) Revision Test Starts (IX & XI)
17 INTERNATIONAL CUBE COMPETITION	18	19 NATIONAL INTEGRATION DAY Annual Athletic Meet (Nur-V) Starts Class Visit (VII-J)	20	21 WORLD TELEVISION DAY Birthday Celebration (Nur) Annual Athletic Meet (Nur-V) Ends	22 Class Visit (VIII-J)	23 Grandparents Day (Nur)
24	25 Notebook Checking Starts (Nur-V), Solve Logic Puzzles & Brain Teasers-Innovation & Robotics Activity	26 Class Visit (IX-J)	27 Revision Test Ends (VI-VIII) (IX & XI)	28 Notebook Checking Ends (Nur-UKG) Revision Test Ends (I-V)	29 Class Visit (X-J) No Bag Day (UKG-VIII)	30 Career Fair 2024 PTM (Offline)

CBSE

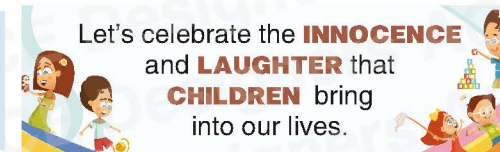
- Heritage India Quiz (Online/Offline)

Week Celebration (2024-25)

Vigilance Awareness Week

Club Meeting

2nd & 3rd week of the month





Mental Health:

Mindful Harmony

Our mental well-being is like a fragile yet resilient butterfly in the breeze, requiring gentle nurturing, patience, and understanding. It's a valuable treasure, fragile like glass but strong like a diamond. It craves a caring touch to navigate life's ups and downs. Let's be like caretakers for this delicate butterfly, treating it with kindness and compassion. With open wings of understanding and a supportive breeze of communication, let our collective care create a haven where the delicate butterfly of our mental well-being flourishes and soars amid the ever-changing winds of our thoughts and emotions, painting our lives with the vibrant hues of emotional balance and inner strength. Together, let us celebrate the harmonious blend of fragility and strength that co-exist within our minds.

Practice self-care, seek support when needed, and cultivate resilience for optimal mental well-being.

11

November
2024

MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN
				01	02	03	04	05	06	07	08	09	10
11	12	13	14	15	16	17	18	19	20	21	22	23	24
25	26	27	28	29	30	31							

Kindergarten Section

Date	Event	Class
27	New Year Card Making	Nur-UKG

Primary Section

Date	Event	Class
7	Combinative Interplay (Activity)	I-V

Middle Section

Date	Event	Class
7	Rapid Response Rumble	VI-VIII

Senior Section

Date	Event	Class
7	Arguably The Best (Debate Competition)	IX-XII

Value of the Month

Introspection

Pause and ponder, let thoughts take flight, Introspection empowers, guiding towards what's right.

Explore More



Yamuna Goyal (XI Com-C)

DECEMBER 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 WORLD AIDS DAY	2	3	4 INDIAN NAVY DAY Notebook Checking Ends (I-V) Notebook Checking Starts (VI-VIII)	5 WORLD SOIL DAY	6 Martyrdom Day of Shri Guru Teg Bahadur Ji	7 INDIAN ARMED FORCES FLAG DAY Library Committee Meeting
8	9 Enrichment/Merit Classes End (III-V) Shark Tank Style Innovation Challenge- Innovation & Robotics Activity	10 HUMAN RIGHTS DAY	11 UNICEF DAY Post Mid Term Assessment (I-V) Starts	12 Notebook Checking Ends (VI-VIII) Post Mid Examination Starts (IX-XII) Pre Board 1 (X & XII)	13 Enrichment/Merit Classes End (VI-VIII)	14 Second Saturday
15	16 VIJAY DIWAS	17 Post Mid Term Examination Starts (VI-VIII) (IX & XI)	18	19	20	21
22 NATIONAL MATHEMATICS DAY	23 KISSAN DIWAS Post Mid Term Assessment (I-XII) Ends	24	25 Christmas	26 Birthday Celebration (Nur) Pre Board (X & XII)	27 Class Assembly (UKG-H) No Bag Day (UKG-VIII)	28 PTM (Offline)
29 Winter Break Starts	30	31				

Week Celebration (2024-25)

- Career Guidance/Exploration Week
- Anger Free Week

Club Meeting

1st week of the month





Environmental Health:

Ecology Equilibrium

Think of environmental health like the **coding** in a computer program, where every living thing—animals, plants, and elements—is like a special instruction that keeps the program running smoothly. Similar to how a mistake in one part of a computer program can cause issues, any problem in our environment can disrupt the balance of our planet. Understanding the harmony in this environmental "code" helps us see how everything is connected. We, as caretakers, have the responsibility to fix and improve this natural code, making sure it works well for the well-being of our world, just like updating and fixing a computer program for a better and sustainable future. So, let's collaborate to fine-tune this ecological code, ensuring a healthier and more vibrant life for the Earth and generations to come.

Reduce your ecological footprint by conserving resources, minimizing waste, and supporting sustainable practices for environmental health.

12 December
2024

MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN
						01	02	03	04	05	06	07	08
09	10	11	12	13	14	15	16	17	18	19	20	21	22
23	24	25	26	27	28	29	30	31					

Kindergarten Section

Date	Event	Class
08	Garland Grandeur Activity	LKG
15	Traffic Park Activity	Nur
17	Dress To Express Competition	Nur
17	Traffic Park Activity	LKG-UKG
18	Ad Mad Show	UKG
22	Hopscotch Activity	Nur

Primary Section

Date	Event	Class
18	Book Talk Competition	I-III
18	Maths Marbles Challenge	IV-V
25	Maths Marbles Challenge	I-III
25	MUN Competition	IV-V

Middle Section

Date	Event	Class
18	Mock Parliament	VI-VIII
25	No Bag Day	VI-VIII

Senior Section

Date	Event	Class
13-18	Peer Teaching	IX-XII

Value of the Month

Gratitude

Amid desks and friends, where pens gleam bright, Let gratitude soar, in the glow of knowledge's light.

Explore More



Sunidhi (X-D)

JANUARY 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5 Winter Break Ends	6 Birth Anniversary of Guru Gobind Singh Ji	7 Enrichment/ Merit Classes Start (VI-VIII)	8 Enrichment/ Merit Classes Start (III-V)	9 Explore Fibonacci Sequences in Nature-Innovation & Robotics Activity	10 Lohri Celebration (Nur-UKG)	11 Second Saturday
12 NATIONAL YOUTH DAY	13 Lohri	14	15 INDIAN ARMY DAY	16	17 Guest Lecture (Nur-LKG)	18 Guest Lecture by Parents (UKG-VIII) Class Assembly (UKG-I)
19	20	21 Notebook Checking Starts (VI-VIII) Sports Achievement Award Function	22	23 BIRTH ANNIVERSARY OF SUBHASH CHANDRA BOSE Birthday Celebrations (Nur)	24 Talent Hunt	25 PTM (Online)
26 Republic Day	27 Class Presentation (Nur-UKG) Starts	28 BIRTH ANNIVERSARY OF LALA LAJPAT RAI Notebook Checking Ends (VI-VIII)	29 Build a Bridge with Specified Materials and Test Its Strength- Innovation & Robotics Activity	30 MARTYRS DAY	31	

Week Celebration (2024-25)

Cleanliness Week

Club Meeting

2nd & 3rd week of the month



Kindergarten Section

Date	Event	Class
05	Book Worm Activity	UKG
10	Spellathon	UKG
14	Basant Panchami Celebration	Nur-UKG
21	Handwriting Competition	Nur-LKG

Primary Section

Date	Event	Class
1	Shape Shifters (Competition)	I-III
1	MINDFEST (Quiz)	IV-V
15	Combinative Interplay (Activity)	I-V

Middle Section

Mock Test & Revision Time

Senior Section

Revision Time

Value of the Month

Inclusivity

Inclusion's Anthem, bold and bright, Diverse minds weave a canvas of light.

Explore More



Suhana Bhatia (VIII-A)

FEBRUARY 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Class Presentation (Nur-UKG) Ends Mock Test Starts (VI-VIII)
2	3 Revision Plan Starts (I-V)	4 WORLD CANCER DAY	5	6 Spring Carnival Starts (Nur-UKG)	7 Spring Carnival Ends (Nur-UKG)	8 Second Saturday
9	10 Notebook Checking Starts (Nur-UKG)	11 Write a Letter to your Future World-- Innovation & Robotics Activity	12 Sri Guru Ravidas Jayanti	13 WORLD RADIO DAY Notebook Checking Ends (Nur-UKG) Notebook Checking Starts (I-V)	14 Guest Lecture (Nur-UKG)	15 Orientation Session (New Nursery) Guest Lecture by Parents (UKG-VIII)
16	17	18	19	20 Birthday Celebration (Nur) Revision Plan Ends (I-V) Mock Test Ends (VI-VIII)	21 Notebook Checking Ends (I-V)	22 PTM (Online)
23	24	25 Enrichment/Merit Classes End (III-VIII)	26 Mahashivratri	27 Workshop on Stress Free Life- Innovation & Robotics Activity	28 NATIONAL SCIENCE DAY	

Week Celebration (2024-25)

Cultural Diversity Week



A value is **VALUABLE** when the value of value is valuable to **ONESELF.**

– Dayananda Saraswati



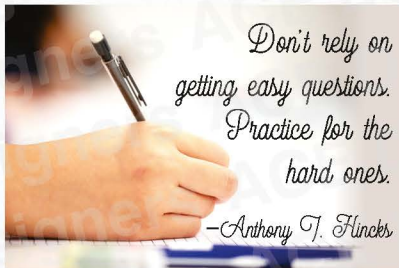
Kindergarten Section

Date	Event	Class
21	Graduation Ceremony	UKG

Primary Section

Date	Event	Class
22	Graduation Ceremony	V

Exam Time



Don't rely on getting easy questions. Practice for the hard ones.
-Anthony J. Flinches

Value of the Month

Adaptability

Adaptability, a skill so fine, Embrace change, let your brilliance shine.

Explore More



Jazvine Kaur (XII Comm. A)

MARCH 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31					1
2	3 WORLD WILDLIFE DAY	4	5 MAHARISHI DAYANAND SARASWATI JAYANTI	6	7	8 Second Saturday INTERNATIONAL WOMEN'S DAY
9	10	11	12	13	14 Holi	15 Meet 'N' Greet Session (New Nursery)
16	17	18	19	20	21	22
23	24	25	26	27	28 WORLD POETRY DAY	29 WORLD WATER DAY



Every **END** is a new **BEGINNING**.





Civic Health:

Community Care

Civic health is like a **team sport**, where every citizen is a player contributing to the game of community progress. Just as team members work together for victory, our collective efforts and involvement ensure that our community moves forward successfully. Like a well-coordinated team, our shared responsibilities and active participation help us achieve common goals, making sure our society runs smoothly. Each person plays a vital role, just like players on a team, adding to the rhythm and success of our community, marking the way for positive changes and shared well-being. So, let's keep playing our part in this community game, working together for positive changes and shared well-being.

Engage in community activities, stay informed, and participate respectfully to promote civic well-being.

03 March
2025

MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN
					01	02	03	04	05	06	07	08	09
10	11	12	13	14	15	16	17	18	19	20	21	22	23
24	25	26	27	28	29	30	31						

विश्व में आर्य समाज



जग को आर्य बनाने का
निज मन में था संकल्प उठाया,
वेदों का भाष्य करके उनको
सम्यक् सुगम व सरल बनाया।
सत्यार्थ प्रकाश को कर आलोकित,
किया अनंत उपकार,
२०० वीं जन्म जयंती पर ऋषिवर,
नमन तुम्हें शत बार।।



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