



# BCM School News

B.C.M. ARYA MODEL SENIOR SECONDARY SCHOOL  
Shastri Nagar, Ludhiana

## A word to *Our Readers*

**W**e, BCM Arya, are pleased to put forth this edition of newsletter which not only exemplifies our adaptations to contemporary reality but also carries hope for everything that is to come. This vibrant edition chronicles the efforts of one and all, who dipped their oars into the turbulent waters of Covid-19 and have sailed it to the shore of publication. Although activities were conducted virtually. Yet I must say that hard work, sustained efforts, positive attitude and innovative ideas were the same. The spirit of students and staff was dauntless. So read this treasure trove and unfold the most precious moments of the school life which reflects our journey through the catastrophe of the planet indicating that no hurdle can stop the ideas and beliefs from taking shape.

Enjoy reading!!!

**Anjali Kamboj**  
Editor

## INAUGURAL *Ceremony*

of New Building of  
BCM Arya International School

A new state-of-the-art Cambridge building was inaugurated on the sprawling campus on 16th March 2022. To seek the blessings of the Almighty, a divine *hawan* was performed by the school President Sh. Suresh Munjal, and other dignitaries of school management along with the Principal Dr. Paramjit Kaur, staff and students. The campus presents a spectacle of harmony in architecture and natural beauty equipped with modern gadgetry and amenities. The infrastructure has been developed as one of the best on the international standards.



## 29th National Children's Science Congress

To kindle the curiosity among children and nurture their potential, the Children Science Congress provided an opportunity to BCM Aryans to unfold their creativity and stretch their imagination to the next level. Being a generation of sensitive and responsible citizens, a team from BCM Arya proved its mettle in the said programme that was catalyzed and supported by the National Council for Science & Technology Communication, Govt. of India. Our team of **Amogh Chhuneja (IX- C)** and **Kanishk Singh (IX- D)**, prepared a project in association with **Soil and Water Engineering Department, PAU and MCL (Zone-D)** on the sub-theme, **'Green Infrastructure - A healing touch to Ludhiana'** and participated at National Level. The purpose was to reduce storm water run off. Green Infrastructures like Bio Retention cells on the side of the roads and green roofs on the top of the buildings can reduce carbon footprints.

On the whole, this competition stimulated scientific temperament among students, thereby, enabling them to learn the scientific methodology for observation, collection of data and experiment analysis to arrive at a certain fruitful conclusion.



## Free Vaccination Camp

As per the guidelines of **Ministry of Health and Family Welfare, Govt. of India**, our school organized a two day Covid-19 Vaccination Camp for the students of age group between 15-18 years in its premises. The Vaccination Camp was organized meticulously by taking all the protective measures. A team of Para-medical staff administered the vaccine and facilitated the staff members with the booster dose.

Parents applauded this great initiative taken by the school for ensuring well being of the students. **Principal Dr. Paramjit Kaur** exhorted that it is necessary to get ourselves and our families vaccinated to defeat corona as the vaccine is the most protective shield to combat the epidemic.



## Hum Fit toh India Fit

1. **Fit India Week** was celebrated in our school with an aim to integrate fitness as an essential part of education. A PPT on **'Balanced Diet'** was shown to students to create an awareness about the importance of healthy diet as the food we choose, makes a difference.
2. With a view to engrain a better awareness of mental health, a pamphlet was shared with students on their online profile which reinforced the message to make their mental health a priority.
3. To create awareness about fatal diseases like **'Cancer'** and **'AIDS'** posters were displayed on boards, giving the message **'Close the Care Gap'**.

# Meet & Greet - Nursery Orientation Session

Starting Nursery is a new and exciting experience. To make the transition smooth and positive for both parents & children 'Meet & Greet' session was organised to dispel the apprehensions and extend a warm welcome. An orientation programme 'Window to the World of Toddlers' was also conducted to acquaint the parents of New Nursery Class with rules and regulations of the school and various activities to be held in the coming session. A **Hawan Ceremony** was performed to seek the blessing of Almighty.



## "Fear never builds the future, but hope does."

Hope is the essence of Life. No doubt life is a solid war zone. But it's not too bad either. Hope not only gives you the strength to overcome a pain, but it also makes the journey for the future easier. Hopefulness is a life-sustaining human strength which comprises distinct components.

Firstly Hope is what makes life go forward. It helps you forget the past. It makes you feel that the best is yet to be. In short, hope looks ahead to a better tomorrow.

Secondly, hope looks up. It is when the night is dark, that stars shine the most. Hope looks up to God when all earthly help fails. In short, hope believes in miracles.

Thirdly, hope helps you to hold on. When life is tough and bad things happen; it is hope that says, "Do not give up." It is hope that helps you to fight one more round.

Finally, hope rises in our hearts as we listen to promises. When parents tell you, "Next birthday, we will be buying you this gift," you rejoice in the hope of getting it. So hope is very important. At certain times life is very difficult. Many obstacles arise impinging on our happiness. Having goals is not enough. It's important to keep getting closer to those goals, by navigating bumps in the road. Hope allows you to form a mindset and a strategy to eventually achieve the final route to success. So always be optimistic and make your hopes strong. If you have a strong aspiration, hope and faith, nothing can bring you down.

Mrs. Navpreet Bhattal  
HOD, Psychology

"Always do your best. What you plant now, you will harvest later." -Og Mandino

# Inter School Competitions

« Beyond Classroom...

## The Knowledge Hunt Quiz

3 students participated and got excellent ranks at the National Level out of 500 students. Following is the result :

Hansika Jawla	VII-D	19
Hardik Gupta	VIII-I	22
Gurkirat Singh	VI-J	24



Hansika Jawla



Hardik Gupta



Gurkirat Singh

## Ramanujan Fest

DAV Public School, BRS Nagar organised 'Ramanujan Fest' to raise awareness among students about the importance of mathematics in our day to day lives. Our students participated in various events with zest and enthusiasm. Following is the result:

### 1st Prize

Story Telling	Mahi Saluja	V-A
Multimedia Poster Making	Abhishek Dhanda	VIII-E
Cube Competition (3 by 3)	Anhad Prem Singh	VII-B

### 2nd Prize

Roleplay	Agamya Tyagi	IV-F
Cube Competition	Raghav Joshi	VII-C
Quiz Competition	Bhargav Vinayak	IX-D
	Brahmasees	X-A

### 3rd Prize

PPT Presentation	Shamul Arora	IX-B
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## UN International Day of Education 2022

Our students displayed their academic and creative potential in different interesting virtual competitions held at CMS, Lucknow in International Education Festival. Following is the result :

1st	Paperrizza	Jasmine Kaur Gill	II-I
2nd	New Age Newton	Anaahat Preet Kaur	I-A
Cons.	Eloquent Expression	Rajbir Singh	V-B
Cons.	Paradigm	Shiffa Masood	VIII-F
Cons.	Paradigm	Divija Punj	VIII-A

## Bharat Vikas Parishad Solo Song Competition

In State Level Bharat Vikas Parishad Patriotic Solo Song Competition, Adesh Pratap (VII-E) got 1st position in Punjab.



Adesh Pratap

## OLYMPIADS

### International English Olympiad (IEO)

Following students bagged Merit Certificates and Medal of Excellence in IEO

Name	Class	Zonal Rank	
Hargundeep Kaur	III-B	7	
Nivaan Gupta	III-F	2	Int. Rank-2
Anhad Uppal	IV-D	6	
Bhavish Chandel	IV-G	9	
Omansh Chadha	IV-J	21	
Mehaan Khurana	IV-F	4	
Ryan Goyal	IV-D	1	Int. Rank-1
Sana Sehgal	V-A	14	
Arshia Gupta	VI-E	21	
Gurkirat Singh	VI-J	25	
Brahmasees Singh	X-A	13	
Vachna Jain	XI Com-A	15	
Gurbir Singh	XII Med	22	

### International General Knowledge Olympiad (IGKO)

Following students bagged Merit Certificates and Medal of Excellence in IGKO

Name	Class	Zonal Rank
Bandgi Kaur	II-F	11
Sirjan Kaur	III-A	7
Agamya Tyagi	IV-F	7
Mehaan Khurana	IV-F	3
Khwayish Punj	IV-B	3
Bhavish Chandel	IV-G	8
Nishad Sood	VII-G	23
Ashritha Bhatia	VIII-F	8
Tejas Sharma	IX-E	8
Utkarsh Kumar	IV-A (CAIE)	20

### National Science Olympiad (NSO)

Following students bagged Merit Certificates and Medal of Excellence in NSO

Name	Class	Zonal Rank	
Jayash Chandel	I-D	3	Int. Rank - 3
Sirjan Kaur	III-A	6	
Yuvika	III-I	15	
Gaurish Aneja	III-J	17	
Agamya Tyagi	IV-F	3	Int. Rank - 3
Bhavish Chandel	IV-G	3	Int. Rank - 3
Ryan Goyal	IV-D	9	
Vanya Uppal	IV-C	20	
Hargundeep Kaur	III-B	20	
Dildar Singh Sidhu	V-B	18	
Pushti	XINM-A	18	
Paramjot Singh	XI-Med.	10	
Pragya Mahajan	XINM-A	14	
Jai Vishav Bhaskar	XII NM-A	14	
Piyush Bansal	XII Med.	18	
Keshav Rai	XII NM-B	24	

**Shreya Garg (IX-C)** bagged second prize in 'Azadi Ka Amrit Mahotsav' Painting Competition conducted by Cardamom Research Station (CRS) Pampadumpara Idukki, Kerala Agriculture University.



**Shreya Garg**

**Mehakjot Kaur (IX-G)** got selected among **BEST SIX WINNERS** from India in **Aaghaz-e-Dosti Indo-Pak Peace Calender 2022 Competition** and her painting was published.



**Mehakjot Kaur**



**LSSC Power Point Presentation Competition** was organised at BCM Basant City, Goraang Nayyar (XI NM-C), **Chinmay Jagga (IX-D)** got **First Runner Up** position.



### Wipro Earthian Awards

Our students demonstrated their understanding of biodiversity waste and water through the projects submitted (Online) to Wipro Earthian School Program. Following is the result :

<b>Solid Waste</b>	Chinmay (IX-D), Kanish (IX-E), Tejas (IX-E), Isha (IX-B), Aarush (X-D)	} 2nd
<b>Biodiversity</b>	Harkirit (X-E), Japji (IX-G), Shruti (X-I), Mahi (IX-H), Bhawni (IX-H)	

**Giani Harjit Singh Memorial Inter School Declamation Competition** was held at GGN Public School, Ludhiana. **Lovin Gupta (XII-Med.)** got 2nd position in Eng. Declamation and **Gauransh Singh (XI NM-A)** got 3rd position in Punjabi Declamation. Our team bagged the **Overall Trophy**.



**Lovin Gupta**



**Gauransh Singh**

Two of our students **Gaurav Yadav (XI NM-C)** and **Paramjot Singh (XI Med.)** cleared NTSE exam. **Paramjot Singh** secured Rank 3 at **International Level**.



**Gaurav Yadav**



**Paramjot Singh**

## VIDYARTHI VIGYAN MANTHAN

**Vidyarthi Vigyan Manthan State Level.** Winners are as follows :

Name	Class & Section	State Rank
Pragya Mahajan	IX NM-A	1st
Ishaan Goyal	VIB	2nd
Harshita Singla	VI A	2nd
Bhavesh Mahajan	VII G	2nd
Harkanwal Kaur	XI Med	2nd
Harshit Goyal	IX C	3rd
Paramjot Singh	XI Med	3rd

Following students got selected for VVM State Level Camp.

Name	Class & Section
Harshita Singla	VI A
Ishaan Goyal	VIB
Bhavesh Mahajan	VII G
Harliv Kaur	VIII C
Prishaa Nano Sehgal	VIII C
Harshil Goyal	IX C
Pragya Mahajan	XI NM-A
Harkanwal Kaur	XI Med
Paramjot Singh	XI Med

Name	Class & Section	State Rank
Pragya Mahajan	XI NM-A	2nd
Paramjot Singh	XI Med	3rd

*(Selected for National Level)*

## INTRA SCHOOL COMPETITIONS

### Heritage Club Finale

Heritage Club Finale 2022 was conducted online wherein students of IX-XI participated with great enthusiasm. There were 3 Teams vis-a-vis :

- Taj Mahal
- Hawa Mahal
- Qutub Minar

Team **TAJ MAHAL (Ankush Pahwa IX-E and Mansidak Kaur X-B)** was the Winner. All the participants were provided e- certificates of appreciation.

### Orators' Club Declamation Contest

**Annual Declamation Contest** was conducted virtually through Zoom for both the junior as well as senior classes (IX-XII). All the students participated enthusiastically and presented amazing content, confidence and creativity.

#### IX-XII

1st	Bhargav Vinayak	IX-D
	Lovin Gupta	XII Med.
2nd	Yanya Nayyar	IX-C
3rd	Mehak Purewal	IX-H
Appreciation	Shamul	IX-B

#### VI-VIII

1st	Shiffa Masood	VIII-F
2nd	Rachita	VIII-F
	Gur Rehat	VII-F
3rd	Angel	VIII-I
	Nameh	VII-G
Appreciation	Madhav	VI-C

# NCC



## National Youth Day 2022 : Remembering Swami Vivekananda

To commemorate the 160th birthday of **Swami Vivekananda**, maker of Modern India, National Youth day was celebrated with great joy, enthusiasm on 12th January with the primary aim of sensitizing the students about his philosophy, principles and ideas. The students were motivated to be good citizens of India, thus contributing to the development of the country. NCC Cadets had a virtual interaction with Prime Minister Sh. Narendra Modi. They also took out a rally to motivate youth to join Armed Forces.

## Green BCM



- Make over of Herbal garden was completed using waste items like bottles, tyres etc. The collection of waste items was the contribution from 6th to 9th classes. A graffiti was designed by the 11th Class students on the wall of garden to make children aware about the concepts of Nature Conversation and names of Herbal Plants. Plants were grown in tyres and bottles. Bird nests were hung in garden to welcome birds.



## Azadi Ka Amrut Mahotsav

Responding to the call given by **Central Board of Secondary Education (CBSE)**, NCC cadets participated pro-actively in several competitions and events related to the freedom struggle, ideas, achievements and actions to absorb the magnitude of sacrifices this nation has seen for its independence, the progress it has made over the decades and celebrate its diversity.

## Rally on Voter Awareness

NCC Cadets took part in a rally held as part of a campaign to promote awareness on voting rights in the town. Speaking after flagging off the rally, **Principal Dr. Paramjit Kaur** said that the campaign is intended to spread awareness on the importance of voting rights. Students displayed placards highlighting the need for exercising voting rights to fulfil the democratic responsibility and elect honest persons with integrity.

## A visit to Swami Vivekananda Old Age Home

For celebrating humanity NCC cadets paid a visit to the **Old Age Home** to realise their social responsibilities towards Senior Citizens. The visit concluded with loads of warmth and showers of blessings extended from the elderly. This visit was intended to teach moral values by promoting 'Sharing and Caring' with elders, said **Principal**.

- 26 Cadets attended CATC Camp (Combined Annual Training Camp) at GGI, Khanna.
- 40 Cadets (JD/JW) appeared for NCC 'A' Certificate Examination.

## Benefits of School Gardening

Students from 6th to 9th classes participated actively in growing winter vegetables. The aim of the project was to sensitize the students about winter vegetables and to inculcate the positive food behaviour.



## Best Out of Waste

Students from 6th to 8th classes participated in making 'Best out of the Waste' to enhance their creativity.



# STAFF NEWS



## Our Principal attended...

- Virtual Orientation Session for AISSCE as City Co-ordinator.
- CBSE Webinar on 'Discussion On Upcoming Board Exams' conducted by controller of exams, CBSE, New Delhi.
- CBSE Skill Education Committee Meeting on 'Life Skills Training Initiatives'.
- An interactive session for Principals, Vice-Principals & councillors organised by ICAE with Trinity College Dublin at Park Plaza.
- She received the most laudable "Women Achievers' Award-2022" for her exceptional contribution in the education sector and the society at large on the occasion of International Women's Day 2022.

## Staff News

To update the professional competency and to provide quality education promoting intellectual, social and cultural vivacity among learners, our teachers attended a series of webinars conducted by CBSE. These webinars aimed at improvising the virtual learning process and ensure that the students are able to extract maximum from the ongoing classes. The purpose was to evolve a learning process and environment to empowers the future citizens to become global leaders in the emerging intellectual society.

## CFS NEWS

### Young Research Analyst Program

XI and XII FMM students attended Four week online industry (Young Research Analyst) program conducted by Mr. Varun Aggarwal, CEO Profit idea (Noida). Three students were awarded for the free three months course of option trading.



### Interactive Session

An interactive session on Human Psychology for the Stock Market Trading and Importance of Algorithm (**Robust Trading Techniques**) was organised by FINDOC brokers for BCM Arya FMM alumni. Mr. Navneet Kang and Mr. Bhavesh interacted with the participants. Mr. Bhupinder Singh HOD-CFS was also invited for the event.





# Glorifying Achievements

**Kunwar Partap Singh** of Class IV-F won Gold & Silver medal in National Open Karate Championship at Peedam Sports Complex, Goa. He is selected for *International Championship to be held at Malaysia in June 2022.*



**Arshdeep Singh** of Class IX-B won Gold in Punjab State Karate Championship at IMA House, BRS Nagar, Ludhiana and is Selected for **National Championship.**



Event & Venue	Name	Class & Sec.	Category	Position/Medal
1. Open District Lawn Tennis Tournament at Satluj Tennis Academy, Ludhiana	Abhayraj Singh	III-CAIE	U-10	1st
	Dilpreet Singh	II-B CAIE	U-10	2nd
	Tanvir Hunjan	V-J	U-12	1st
	Shiffa Masood	VIII-F	U-14	3rd
2. All India National Karate Championship at Sports Complex, Gidderbaha, Shri Muktsar Sahib	Aura Kapoor	VI-A		Gold
	Arshita Sharma	VI-A		Gold
	Abhin Kataria	VII-C		Gold
	Goryansh Sharma	IX-G		Gold
	Adhirath Bansal	IV-G		Silver
	Vansh Bhatia	VI-A		Silver
	Aushima Kapoor	VIII-I		Silver
	Rhythm Sharma	VII-G		Silver
	Shaurya Verma	V-A		Bronze
	Kushalbir Singh	V-C		Bronze
	Himanshu Bansal	IX-G		Bronze
	Aneesh Kishan Malhotra	IX-C		Bronze
	Aanya Gusain	IX-H		Bronze
	Harpal Kaur	VIII-CAIE		Bronze
3. Punjab State Open Karate Championship at Dr. Ambedkar Bhawan, Ludhiana	Sehajleen Kaur	III-B		2 Gold
	Gursahib Singh	II-J		1 Gold & 1 Bronze
4. Open District Basketball Tournament (Boys) U-14 at C.F.C. School, BRS Nagar	Sparsh	IV-D	U-14	3rd
	Hargunpreet	VII-G		
	Shoumik	V-H		
	Inderveer	VI-E		
	Sargun	VII-B		
	Panshul	III-F		
	Jastyas	IV-D		
	Aarav	IV-J		
	Anhad	VII-B		
	Gursimrat	VI-J		
Gurman	VII-CAIE			
5. Open District Basketball Tournament (Girls) at C.F.C. School, BRS Nagar	Jasmine	V-H	U-14	2nd
	Cia Arora	VII-G		
	Saanjh	VI-E		
	Gurasees Kaur Sandhu	VII-G		
	Sakshi Sachdeva	VII-A		
	Naazveer	V-CIE		
	Advika	VII-F		
	Hansika	VII-D		
	Ritvika	VII-C		
	Tanya	VI-H		
Vandika	V-D			



# Scholars' Arena :

## Shining Stars (2021-22)

### Class - Nursery

Star	Name of the Student	Section
★	Gurasees Kaur	D
☆	Himansh Makhija	J
★	Shivnash Jethi	B

### Class - LKG

Star	Name of the Student	Section
★	Manayta Taneja	B
☆	Tanaya Anand	F
★	Vridhi Gupta	E

### Class UKG

Star	Name of the Student	Section
★	Lizaina Khurana	F
☆	Sukhmanpreet Singh	D
★	Soham Arora	J

### Class I

Star	Name of the Student	Section
★	Diwanshi	A
☆	Dhruvi Kaura	C
★	Samay Jindal	H

### Class II

Star	Name of the Student	Section
★	Bandgi Kaur	F
☆	Myrah Gulati	B
★	Jasmine Kaur Gill	I

### Class III

Star	Name of the Student	Section
★	Sirjan Kaur	A
☆	Yedhant Bhakoo	G
★	Saanchi Sharma	G

### Class IV

Star	Name of the Student	Section
★	Agamyia Tyagi	F
☆	Mehaan Khurana	F
★	Khwayish Punj	B

### Class V

Star	Name of the Student	Section
★	Mahi Saluja	A
☆	Ridhaan Dutta	E
★	Advit Chugh	H
★	Pranav Chhuneja	C

## Overall Toppers

### Class VI

Name of the Student	Class	Position
Anhad Kaur	H	1st
Gursimrat Singh	J	2nd
Saanjh Kaur	E	3rd

### Class VII

Name of the Student	Class	Position
Nishtha Malik	I	1st
Avneet Kaur	A	2nd
Yukti	H	2nd
Mehreen Bains	J	3rd

### Class VIII

Name of the Student	Section	Position
Pearlpreet K.Makkar	G	1st
Divija Punj	A	2nd
Harshika Chawla	D	3rd

### Class IX

Name of the Student	Section	Position
Manya Jindal	D	1st
Alankrita Garg	C	2nd
Rakshita Arora	G	3rd

### Class XI

Name of the Student	Stream	Section	Position
Shraddha Thapar	Arts		1st
Raghav Khullar	Comm-A		2nd
Akshita Sharma	Arts		3rd

# Retirement Celebrations

*Guru Hai Tu... Goodbye, we will miss you*

## Mrs. Santosh Arora

31 years of teaching adjectives and nouns,  
verbs and pronouns,  
comprehension and letter writing.  
All in good handwriting.



Thank You for  
teaching kids to  
cherish English as a  
treasure beyond  
measure



## Mrs. Vidhu Syal

29 years for giving  
LITTLE ones BIG dreams  
and inspiring them to come out of  
their shells,  
to explore new ways of doing things.



Thank You for fielding  
curious questions of  
tiny tots and helping  
them to unwrap their  
gifted packages at  
different times.



## Mrs. Neera Bedi

24 Years of service folded  
between the pages of books.  
Thousands of readers inspired.  
A career full of memories.



Thank You for  
teaching children  
about lakes and hills  
and enhancing their  
thinking skills.



## Mrs. Renu Takoo

23 Years of creating  
a caring and engaging environment  
and setting the tone  
for children's entire educational career.



Thank you for your  
endless patience,  
motivation and  
persistence as whatever  
you wrote on the  
blackboard of students'  
life can never be erased.



### Mrs. Asha Rani

23 years of meritorious service,  
creating a melody  
that touches the hearts.



Thank you for your  
tireless efforts in  
building our  
musical foundations  
in your devotion.



### Mrs. Preeti Raheja

22 Years of service folded  
between the pages of books.  
Thousands of readers inspired.  
A career full of memories.



Thank You for  
being a powerful  
search engine and  
the most amazing  
librarian.



Librarians  
Don't Retire,  
They just get  
Re-shelved

### Mrs. Savita Suneja

20 Years of nurturing  
the love of music and rhythm  
in every child's life.



Thank you for showing  
the joy of music.  
Your teachings will  
forever be treasured as  
your contribution can  
never be measured.

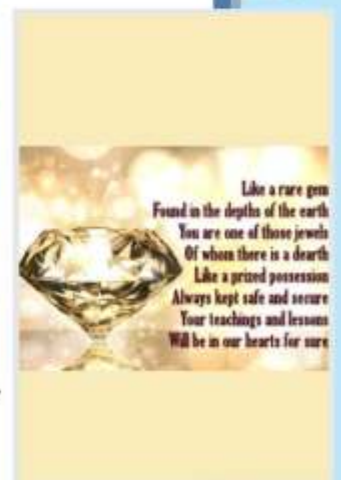


### Mrs. Anita Dhir

15 years of dedicated services  
painting pictures with your words  
sparking discussions with allegorical  
interpretations.



Thank You for  
teaching that  
English is a corridor  
of life and a bridge  
to a new world.



*Enjoy Your Retinement . . . We Thank You*

# BCM Arya International : CAIE



GP students working on the project-Barkat



Students exhibiting talent in Flower Show-Awesome Blossom



Concentration and Precision at its best -Fun with Colours activity





**Emulating Characters  
-Fancy Dress Competition**

**Star Students**

Class	Name of Student
LKG	Vedanshi
UKG	Yuvraj Singh
I	Kanish Gupta
II	Reianna Gulati
III	Tejeshwar Singh
IV	Satvik Bhalla
V	Daksh Jain



**Nadar Gujral** (Team Leader) of Class VIII-CAIE and **Dev Siddharth Mittal** (Team member) of Class VI-CAIE participated in National Children's Science Congress 2021 and presented their idea to create awareness about Vertical Gardening



**Cambridge Head Ms. Jasneev Seth attended the following webinars**

- Webinar on Exam officer school assessed grades route conducted by Cambridge University
- Learn how top US boarding schools can be pathway to World's Top Universities.

Class	Name of Child	Position
IV	Utkarsh Kumar	1st
	Bhavnoor Singh	2nd
	Gaurang Sharma	3rd
V	Sana Sehgal	1st
	Harnoor Singh	2nd
	Daksh Jain	3rd
VI	Hriday Singhal	1st
	Hunarveer Singh	2nd
	Dhairya Adya	3rd
VII	Mayra	1st
	Shaurya Kumar Jha	2nd
	Shree Sharma	3rd
VIII	Gravleen Kaur	1st
	Anushka Tuli	2nd
	Nadar Gujral	2nd
	Bhavya Rawal	3rd

**Dainik Bhaskar Junior Editor-6 National Level Competition**



**Daksh Jain**



**Sana Sehgal**

**Daksh Jain Class V bagged First Prize and Sana Sehgal won Consolation prize in State Level.**

**Teachers' Webinars**

- Ms. Ruchika Khanna attended Online AS and A Level Marking Workshop by Cambridge Board.
- All Subject teachers Classes X-XI attended webinar on school assessed grades route conducted by Cambridge Board, UK
- All Science teachers Classes LKG-XII attended webinar on Science Teachers' Training conducted by Hodder Education, UK
- All English Teachers Classes LKG-XII attended webinar on English Teachers' Training conducted by Hodder Education, UK
- All Maths Teachers Classes LKG-XII attended webinar on Maths Teachers' training conducted by Hodder Education, UK
- All language teachers attended webinar on Effective Writing Skills Approaches to Process writing conducted by Andrew Steele.
- Ms. Payal and Ms. Monika Kapoor attended webinar on Computing Teachers' training conducted by Hodder Education, UK

# Kindergarten Activities

## *Fun Bash at the Carnival*

The Spring Carnival is the most awaited Annual feature of Kindergarten Wing. The premises came alive with the buoyant spirits of about 1300 Kindergarten students making it a landmark event. The bright faces and happy smiles added overwhelming energy to the celebration.

Jumpers, train ride, tattoo zone were the highlights of the carnival. Challenging games like Angry bird shoot out, toss the ball, knockdown, balloon pop were enticing enough for the students to enjoy and win prizes.





Depicting the colour of festivity-Basant



Young ones giving tribute to motherland



Expressions are rewarded indeed! - Etre Deguisse

# Mike Confidence

We always thrive to cater to allround development of our students and our main focus has always been on improving the soft skills amongst the students. With this intention in mind, Virtual Class Presentation- 'Own the Mic' was held for Kindergarten students. The 3-day long Annual feature witnessed high levels of self-confidence and leadership skills of about 1200 students from Nursery to UKG.



Kindergartners showcased Mike Confidence

# Primary Activities



Salad Making – Incipient culinarians bequeathing veggie vibes



Scaling Heights With Kites



MUN - Power of words over discourse

# KINDERGARTEN AND PRIMARY *Athletic Meet*

Our school is always instrumental to infuse the spirit of sportsmanship in the hearts and minds of B.C.M. Aryans. **Annual Athletic Meet** was organised for the students of KG and Primary classes. The school playground was filled with great zeal, excitement and frolicsome atmosphere. The athletic meet saw participation of more than 3000 students in wide range of track and field events which included many innovative races like Jeet Jayega India, Gomato Race, Believe to Achieve, Dress to Impress, Shopping Race, Harry Potter Race, Pop the Balloon Race, Hurdle Race, Sack Race etc. Once the races began, the air was filled with cheering and tons of encouragement for the young athletes. The event was filled with sportsmanship, enthusiasm, exciting victories, near misses and a number of memories to cherish.



The speed is unmatched

Race with grace

Catch you at the end

Formula 1 Race



Believe to Achieve



Jelly Fish Race



Enthusiastic Players



Jumping Hoping and Completing



Hustle, Hit and Never Quit



Pop the Balloon



I can go the distance



Swimming tube race  
...best in field



Take a ride on my energy



Get, Set, Go



Fast 'n Furious



Playing like champions



Jeet Jayega India



I can, I will, Watch me



Neck to Neck Competition

# वास्तविक प्रतिकार

बात उन दिनों की है जब आर्यसमाज के संस्थापक महर्षि दयानन्द सरस्वती कानपुर में वेदोपदेश दिया करते थे। उनकी कुटिया के समीप रहने वाला एक दुष्ट नवयुवक उन्हें देखकर प्रतिदिन उच्च स्वर में अपशब्द कहता था परंतु प्रत्युत्तर में स्वामी जी की ओर से कोई प्रतिक्रिया न पाकर उसकी खिन्नता दिन प्रतिदिन बढ़ती जा रही थी। एक दिन भक्तजनों द्वारा लाई गई भेंट सत्संगियों में बाँट देने पर भी सायंकाल कुछ मिठाई बची रह गई। स्वामी जी सोच ही रहे थे कि क्या करें, मिठाई को फेंक देने से तो अन्न का अपमान होगा। तभी उन्हें सामने से अपशब्द कहने वाला नवयुवक गुजरता हुआ दिखाई दिया। अत्यंत आदरपूर्वक उसे बुलाकर मिठाई देते हुए स्वामी जी ने उसे प्रतिदिन आने और मिठाई ले जाने का आग्रह किया। लगभग छः सात दिन तक यही क्रम चला। स्वामी जी ने उसे मिठाई देते हुए एक बार भी उसके अपशब्दों की चर्चा नहीं की। आखिरकार उससे रहा नहीं गया। स्वामी जी के चरणों में गिरकर उसने कहा, “स्वामी जी! आपकी सज्जनता ने मेरी दुर्जनता को सर्वथा जीत लिया है। मैं आपका अपराधी हूँ।” मुस्कराते हुए स्वामी जी ने कहा, “मैंने अपनी स्मृति में उन बातों को कोई स्थान नहीं दिया है। आप भी उन्हें भूल जाइए।” कृतज्ञता से नवयुवक ने स्वामी जी को देखा। वे मंद मंद मुस्करा रहे थे।



संदेश!

प्यारे बच्चो! प्रायः हम अपशब्दों की मार को झेल नहीं पाते और अपमान की ज्वाला में धधकते हुए प्रतिकार लेने की बात सोचने लगते हैं लेकिन याद रखिए कि सच्चा प्रतिकार यह है कि यदि कोई आपको गाली दे तो मुस्कराकर अपना रास्ता बदल लें। आपकी सज्जनता स्वयंमेव ही शत्रु को आपके सामने झुका देगी। अतः सज्जन बनें, सम्य बनें, समर्थ एवं सकारात्मक बनें।

Quote of the Quarter



By Karanjit Kaur - Co-editor  
Designed by Ms. Davinder Kaur

डॉ. अनु शर्मा कौल  
हिंदी विभाग



## Healthy Benefits of Summer Fruits

A healthy diet is most important for keeping your body and brain nourished and ready to take on difficult tasks. Research shows that certain foods may be especially important for promoting mental performance. The following foods have been linked to improve the brain health:

1. **Citrus Fruits:** Citrus fruits are highly nutritious, and their intake has been linked to a variety of health benefits, including the promotion of brain health.
2. **Nuts:** Nuts are packed with nutrients that are essential for brain health, including vitamin E and zinc. They are also portable and versatile, making them an excellent choice for study snacks.
3. **Red, green and orange vegetables:** Vegetables intake in general is associated with better brain function and the promotion of overall health.
4. **Berries:** Berries are rich in a variety of compounds that may help promote academic performance and protect the health of your brain.

Mrs. Ashima Sharma  
HOD, Home Science

## Play with Numbers S-U-D-O-K-U

The classic **Sudoku game** involves a grid of 81 squares. The grid is divided into nine blocks, each containing nine squares.

### Rules

- Each of the nine blocks has to contain all the numbers 1-9 within its squares.
- Each number can only appear once in a row, column or box.

## Congratulations!

Winners of SUDOKU - January - 2022

Daksh Jain -V-A

Harshit Goel - XI Com.-B

Harshil Goyal IX-C

Solutions : January 2022

1	2	6	4	3	7	5	9	8
9	4	3	6	5	8	1	2	7
7	8	5	2	1	9	3	4	6
8	6	7	3	9	2	4	5	1
3	9	4	5	7	1	8	6	2
5	1	2	8	4	6	7	3	9
6	5	1	7	2	4	9	8	3
2	3	9	1	8	5	6	7	4
4	7	8	9	6	3	2	1	5

			6			4		
7					3	6		
				9	1		8	
	5		1	8				3
			3		6		4	5
	4		2				6	
9		3						
	2					1		

Mr. Narender Singh  
(HOD Mathematics)

### Please Note :

Solve the **Sudoku** and send it to [sudoku1015@gmail.com](mailto:sudoku1015@gmail.com) along with Name, Class and Section by 30th April, 2022.

Look out for answers in next issue.



## Library Corner

### Senior Library

**Total No. of Books :** 19901

**Book of the Quarter :** Dharma: Decoding the Epics for a Meaningful Life

**Author :** Amish and Bhavna Roy

**About the Book :** Dharma is a delightful read offering the readers thought-provoking and inspiring lessons by discussing multiple dimensions and decoding the meaning of several principles of Indian history, deducing myths and mythological characters, the ideas; their vices and virtues.

The concepts discussed in the book are explained in simpler terms and interpretations of favourite stories by a lovable cast of fictional characters who you'll enjoy getting to know. It imparts knowledge with perfect examples in understanding the practicality of life values in the modern world.

This excellent book with wonderful life experiences is highly recommended to read.

### Junior Library

**Total No. of Books :** 10937

**Name of the Book :** Green Your School

**Author :** Mariam Karim-Ahluwat

**About the Book :** Meet Green Genius, a seven year old boy, who loves to keep his school clean & Green. Unlike Green Genius, his cousin Popu throws things everywhere except in dustbin, wastes water & electricity, loves to eat all kinds of Junk food and doesn't keep his school clean. Green Genius Juggles between helping his cousin see things differently and improving his school. With a touch of humour and vivid illustrations, Green Your School gets the message across that the environment around us is our responsibility. Other titles in the series which are available in Jr. Library are:

- Green Your Home
- Green Your Neighbourhood
- Green Your Shopping

# Graduation Ceremony



The tiny tots of UKG and students of Class V seemed to be on cloud nine while receiving their certificates during the 'Graduation Ceremony' held on March 23 & 24 respectively. **Dr. Paramjit Kaur**, Principal of the school graced the occasion as the Chief Guest. **Mrs. Anuja Kaushal (Head Mistress)** accorded a warm welcome to the students and their proud parents. The beaming and cheerful faces of the little graduates were exuding with confidence. They seemed to enjoy every moment to the fullest.



## Bcm Arya viewed PM Modi's Interaction with students: Pariksha Pe Charcha

Ahead of the upcoming board and entrance examinations Prime Minister Narendra Modi on Friday interacted with students and teachers at the fourth edition of 'Pariksha pe Charcha' at Delhi Talkatora indoor stadium. The PM said India's future depends on the youth as he interacted with the students, teachers and parents to share valuable tips with them to ensure that they take the upcoming exams in a relaxed manner.

He advised students to celebrate exams as festivals and urged the parents and teachers not to inject their own dreams and unfulfilled aspirations into children as every child is blessed with something extraordinary.

He suggested students to believe in themselves and stay away from a panic environment during exams. As everyone has become exam proof by repeatedly sitting for exams after equal intervals of time, so examination should be taken as a stepping stone in our life.

Students viewed the live telecast of Prime minister Modi's speech in their respective classrooms.

On the whole, it was a unique interaction to discuss issues related to exams and the stress connected to that.



### Fee Payment Schedule

(Without Late Fee)

Timing of Accepting fee

Nursery to I	1st-3rd	April 2022	<b>Monday to Friday</b>
II to IV	4th & 5th	April 2022	10 a.m. to 1:00 p.m.
V to VIII	6th & 7th	April 2022	<b>Saturday</b>
IX to XII	8th-10th	April 2022	10 a.m. to 11:30 a.m.

\* ₹50/- as fine upto 12th of the first month of the quarter

### Activities Ahead

- Orientation Programmes for Parents of all Classes
- May Evaluation 2022
- Summer Vacation
- Multifarious Summer Camps
- Domestic and International Educational Trips

Co-editor - Mrs. Karanjit Kaur

"There is only one happiness in this life, to love and be loved." – George Sand