

# BCM SCHOOL NEWS

B.C.M. ARYA MODEL SR. SEC. SCHOOL  
Shastri Nagar, Ludhiana



## BCM ARYA HONOURS SPORTS *Excelsiors*

A spirit of solidarity and camaraderie enveloped BCM Arya as the school hosted its **Annual Sports Achievement Award Ceremony** wherein the sporting excellence of about 150 State and National level players was recognized with trophies, medals and certificates of appreciation. **Ms. Apama M B (IAS), Assistant Commissioner** (under training), Ludhiana graced the magnificent sports extravaganza as the Chief Guest with other eminent dignitaries and esteemed members of school management committee. **Dr. Paramjit Kaur, Director** welcomed venerated guests with planters, symbolic of our enduring bond with Mother Nature.

**Mrs. Anuja Kaushal, Principal** expressed her great joy and pride over the exponentially rising sports graph of the school.

## *Editorial*

Dear students,

As we begin a new academic session, I want to express how proud we are of you for your hard work and dedication in the previous session to excel in your academic pursuits. With a new school year, comes new opportunities, new challenges, and new adventures. It is a chance for you to push yourself and discover your strengths. Whether you are pursuing academic excellence or exploring new passions, embrace this new academic session with new enthusiasm and curiosity. Set your goals high and strive towards achieving them.

This year too, we will continue to provide you with a challenging and stimulating curriculum along with extracurricular activities that will help you develop both academically and personally. We have a full calendar of events, including sports tournaments, academic competitions and cultural festivals. So, take advantage of these opportunities to learn and grow. As always, we all are here to support you at every step of your academic journey. Let's continue to build on that success and work together to make this session even better.

Remember that success comes from hard work, dedication, and perseverance. Stay focused on your studies and prioritize your time effectively. I wish you all the best for the upcoming academic session. Let's work together to make it a successful and fulfilling year.

Anjali Kamboj  
Editor



# Meet & Greet and Graduation CEREMONY



The students of the upcoming Nursery visited the school for the Meet N Greet session wherein an auspicious havan was organised for the youngest Aryans to seek the blessings of the Almighty before the commencement of their academic journey. The School Management, the Director, Arya Samaj Group of Schools, the Principal and the teachers prayed and blessed the students to have a joyous beginning, wellbeing and success in all their endeavours.

Adorned with irrepressible zeal, vivacious spirit and a spark of joy, students of U.K.G. and Class V attended their Graduation Ceremony. Presence of the school Principal, Mrs. Anuja Kaushal, as Chief Guest, beautified the event. She congratulated the young achievers and their parents for their splendid achievement and wished them success for their future maneuvers.

Mrs. Suchitra Mehta, Headmistress, inspired the students to draw a bead on, in the future and jump for joy in how far they have come and have faith in how far they can go.



## Dr. MS Randhawa Diamond Jubilee Flower Show at PAU, Ludhiana

1. Arrangement of Fresh Flowers	Dr. (Mrs.) Kiran Saini	1st prize
2. Arrangement of Dry Flowers	Mrs. Ashima	1st prize
	Mrs. Indu Dhir	1st & 2nd prize
	Mrs. Nidhi Abrol	2nd prize
3. Fresh-cum-Dry Flower Arrangement	Mrs. Vipra Kale	2nd prize
4. Flower Ornaments: Mrs. Manpreet Kaur	Button Holes	1st prize
	Bracelet	1st prize
	Hair Rings	2nd prize
	Necklace	2nd prize
	Flower Bouquet	1st prize
	Ear Rings	1st prize
	Bracelet	2nd prize
	Garlands	1st prize
	Hair Rings	1st prize
	5. Cut Flowers: Teachers	Mrs. Sarika Jain
Gardeners		1st & 2nd prize
6. Plant as Gift	Mrs. Indu Dhir	1st prize
7. Cacti & Succulents	Gardeners	2nd prize
8. Foliage & Perennial Flowering Plants in Pots	Gardeners	1st & 2nd prize
	Gardeners	1st prize - 2 2nd prize - 8
9. Flower grown in Pots		
10. Pot Arrangement/Landscape	Dr. Jyotsana Rai	1st prize



### Balhaari Kudrat Vaseya Flower Exhibits & Photography Contest at Gurudwara Sri Guru Singh Sabha, Sarabha Nagar, Ludhiana

- |   |                   |                   |
|---|-------------------|-------------------|
| 1. On the Spot Photography Competition  | Arnav Dua (XI MM) | – 1st prize       |
| 2. Flowers grown in Pots                |                   | – 1st prize - 3   |
|   |                   | – 2nd prize - 6   |
| 3. Foliage & Perennial Flowering plants |                   | – 2nd & 3rd prize |
| 4. Competition of Cacti & Succulents    |                   | – 3rd prize       |
| 5. Landscape                            |                   | – 2nd & 3rd prize |

#### Gardeners –

- |                   |               |                  |
|-------------------|---------------|------------------|
| 1. Jagdish Prasad | 2. Raj Narain | 3. Ram Sanjeevan |
| 4. Harish Chander | 5. Keshav Ram |                  |

**Congratulations to Dr. Jyotsana Rai, the Overall Coordinator of both the flower shows.**



## The Most Elegant Green Garden Campus



To ignite a passion for enhancing the beauty of the campus through the inclusion of trees, shrubs, and plants, "MOST ELEGANT GREEN GARDEN CAMPUS CONTEST" was organised by G.H.G. Khalsa College, Ludhiana. Our campus has been declared "THE MOST ELEGANT GREEN GARDEN CAMPUS" by the organizing team.



# Inter School Competitions

## Beyond Classroom...



An online Reel Competition was conducted by OP Jindal Global University, Sonapat on the topic, **THE TEENAGE JOURNEY**. **Vaibhav Kochar** from XII Mass Media was declared the **Winner** of the competition and received an amazon voucher of ₹3000/-.

- Our Brain teasers **Manav Mahajan** of XII CFS, **Paramjot Singh** of XII Med and **Udit Chugh** of X-H secured **Second rank** in CBSE **HERITAGE INDIA QUIZ** conducted at D.P.S., Sector-40 C, Chandigarh. Manav Mahajan was bestowed with '**Smartest Quizzer**' Award by quiz master Mr. Ajay Poonia.
- BCM prodigy **Harshil** of Class X-C added another feather to his cap of laurels by securing a place in **top 100 students** in **CBSE Aryabhata Ganit Challenge 2022**.
- **District Level Youth Week 'Declamation Contest'** was held in Govt. College for Girls, Ludhiana wherein **Gunveen Kaur** of XI-Com C won **3rd Position**.
- Our wonder girl **Vidushi Arora** of class X-C made a remarkable feat by getting **Second Position** (Hindi category) in the prestigious **Reena Simmi Declamation** contest which was held at KVM School, Civil Lines, Ludhiana.
- Our budding Techno Wizards got appreciation certificates in **Cyber Safety Quiz** organized by Cyber Ambassador Club. The names are:

Manya Jindal	X-C
Aneesh Kishan Malhotra	X-C
Diya Gupta	XI-Arts

### Vidyarthi Vigyan Manthan

Kudos to **Advit Chugh** of VI-H who secured phenomenal victory by winning **2nd position** along with cash prize of ₹3000/- and got selected for National level.

**Alankrita Garg** of X-C bagged **3rd position** and cash prize of ₹2000/- in **Vidyarthi**



**Advit Chugh**



**Alankrita Garg**

**Vigyan Manthan (VVM) State Level Exam** held at Shri Ram Ashram Sr. Sec. School, Amritsar.

### Innovation Fest

Our following students continued the enviable winning legacy with a landmark win in 5 YFN 2023 Inter school **Innovation Fest** organized at BCM School Basant City, Ludhiana.

Name	Class	Position
Ridhaan Dutta	VI-E	1st
Karanveer Singh	VI-C	1st
Prabhkirat Singh	IX-A	2nd
Abhishek Danda	IX-B	2nd



**Manvi Anand**

- **Manvi Anand** of XI Com. B made her alma mater proud by bagging **First Position** in **Collage Making Event** held at Government College, Ludhiana.
- The glistening and gleaming ideas of our nascent artists left everyone spellbound and bagged **Second Prize** in **Matholi Rangometry Rangoli** held at DAV Public School, BRS Nagar, Ludhiana. The students are:  
**Pavneet Kaur** VII-E      **Namah Mahajan** VIII-G

### UN IDE 2023

Our students won the hearts of jury with their remarkable achievements in a wide array of events under **UN IDE 2023** organized by CMS Lucknow.

Name	Class/Sec.	Event	Position
Saanchi Sharma	IV-G	Wordy Muse	Winner
Jasmine Kaur Gill	III-I	Remagica	Winner
Saatwik Sharma Tanvi Hitanshi Harviraj Singh Makkar Saish Samay Jindal Japliv Kaur Jasnoor	II-B II-B II-C II-G II-G II-H II-H II-J	Funky Feet	Winner
Aviraj Singh Tavishi Sharma Navdeep Kaur Jaskirat Singh Sumeir Singh Kyna Bhat Ayan Bhuyan Jayesh Chandel	II-A I-H I-E I-D I-F II-D II-E II-D	Live the Rhythm	Winner
Gurrehat Kaur Hardik Makkar Radhe Arora Vihaan Juggard Vanya Revan Sharma Hargun	VIII-F VIII-B VIII-A VIII-A VIII-D VIII-H VII-G VIII-E	(Middle Section) Pantomime	Winner

### LSSC Competition

We are elated to announce that our student **Pavneet Kaur** of VII-E bagged **Second Position** in **LSSC Painting Competition** conducted at HVM Convent School, Ludhiana.

### JEE MAIN

Following students secured good percentile in **JEE Main 2023 (Session-1)** conducted by National Testing Agency.

Nitish	Rohit	Vivaan Garg
Armaanot	Mansehaj	Garima
Prashant	Sumedh	Ashmit
Samridhi	Gaurav	Pushti
Paramjot	Rijul	Gauransh
Daksh	Harith	Vandanya
Saksham	Aryan	Saumya
Arpita	Harsehaj	Sanchaya
Harkanwal Kaur		

It was an elated moment as **Pranav Garg** of IX-F participated in **Doodle your Imagination Competition** and won **First prize**.



# OLYMPIADS

*Our students scripted a historic moment as they excelled in various olympiads by bringing echoed laurels and accolades to the school. They bagged Medals, Certificates of Excellence and Cash prizes.*

## International Social Studies Olympiad (ISSO)

Name	Class	Zonal Rank
Kirandeep Kaur	III-B	10
Bandgi Kaur	III-F	03, Int. Rank-3
Sirjan Kaur	IV-A	16
Gaurish Aneja	IV-J	03, Int. Rank-4
Anhad Uppal	V-D	22
Abhinav Jha	IX-H	03, Int. Rank-27
Amogh Chhuneja	X-C	11
Tejas Sharma	X-E	09

## International Commerce Olympiad (ICO)

Name	Class	Zonal Rank
Kashvi Goyal	XII Com-A	21
Gehna Nagpal	XII Com-C	01, Int. Rank-4

## Globe Science and Environment Olympiad

Name	Class	Prize/Medal
Ayaan Kakkar	VI-B	Silver
Suhana	VII-A	Silver
Yuvraj Kashyap	VIII-J	Silver
Dildar Singh Sidhu	VI-B	Bronze
Mehreen Bains	VIII-J	Consolation
Disha	IX-A	Consolation
Aryan Singla	VI-J	Consolation

## SOF International General Knowledge Olympiad (IGKO)

Name	Class	Zonal Rank
Kushaldeep Singh Dhaliwal	V-A	16
Himaksh Arora	VII-E	20
Nishad Sood	VIII-G	21
Mehreen Bains	VIII-J	09
Harsimar Singh	IX-B	23
Abhinav Jha	IX-H	24

## National Cyber Olympiad (NCO)

Name	Class	Zonal Rank
Lizaina Khurana	I-F	03, Int. Rank-5
Mehul	II-A	16
Bandgi Kaur	III-F	02, Int. Rank-6
Sirjan Kaur	IV-A	21
Ekamjot Singh	VI-D	22
Ayaan Roy	VIII-C	03, Int. Rank-14
Suveer Chawla	VIII-I	08
Harman Singh Sokhi	IX-B	07

## International Mathematics Olympiad (IMO) - 2nd Level

Name	Class	Zonal Rank
Aadvik Chopra	III-D	13
Ryan Goyal	V-D	13
Chunit Bansal	XINM-A	2
Garima Mittal	XINM-A	6
Prashant Narang	XINM-A	4
Armaan Singh	XINM-A	2
Rijul Malik	XII NM-B	9
Sumedh Jain	XII NM-C	8
Sukhmanpreet Singh	XII NM-C	15

## International English Olympiad (IEO) - 2nd Level

Name	Class	Zonal Rank
Ayaan Sethi	IV-G	18
Ashriya Patial	VIII-B	02
Prishaa Nano Sehgal	IX-H	14

## National Science Olympiad (NSO) - 2nd Level

Name	Class	Zonal Rank
Aradhya Patel	IV-I	19
Harshil Goyal	X-C	05
Chunit Bansal	XINM-A	08
Paramjot Singh	XII-Med	04
Harkanwal Kaur	XII-Med	13
Garima Mittal	XINM-A	05
Prashant Narang	XINM-A	08
Vinayak Rai	XINM-A	14
Armanjot Singh	XINM-A	01, Int. Rank-47

## International Hindi Olympiad

### Class VI

Name	Class	Rank
Anika Gupta	VI-A	Gold
Pranav Chhuneja	VI-C	Silver
Prakul Saini	VI-A	Bronze
Kriday Gupta	VI-B	Bronze
Fiza	VI-I	Bronze

### Class VII

Name	Class	Rank
Rishika	VII-B	Gold
Geetansh Sharma	VII-F	Silver
Ishvi	VII-A	Bronze
Faminder	VII-B	Bronze
Himaksh Arora	VII-E	Bronze

### Class VIII

Name	Class	Rank
Advika Kaul	VIII-F	Gold
Shivas Sehgal	VIII-C	Silver
Priyanka	VIII-I	Bronze

### Class X

Name	Class	Rank
Amogh Chugh	X-C	Bronze





## Waste to Wow

BCM Aryans displayed creative items on **Best Out of Waste** and created awareness on Home Composting during a two day exhibition on the theme- **“Waste to Wow”** organised by the Municipal Corporation under the **Deen Dayal Antyodaya Yojana –National Urban livelihoods Mission** at Rose garden.

The Commissioner **Shena Aggarwal** appreciated the efforts of students and said such events should be organised to empower women self-help groups and improve public outreach.



MC Zonal Commissioner **Jasdev Sekhon** felicitated 10 **‘Swachh Champions’** including **Mrs. Vipra Kale** (Environment Manager) who have been involved in awareness of home composting, tree plantation, segregation of dry and wet waste at home, reusing plastic waste and other materials in an event organised at MC Zonal D office.



## Kites for a Sustainable Future: 17 SDG Goals soaring high @ BCM Arya

Green School Program of the school organized a fun filled competition of **‘Kite Flying’** on the auspicious occasion of **‘Makar Sankranti–a Harvest Festival’** for class IX.

The enthusiastic students spread the crucial messages of sustainable goals and **‘Say No to China Thread’** through their splashy and vibrant kites soaring high in the backdrop of BCM Arya. This colourful jamboree offered quite a beautiful sight to the viewers as the participants regaled under blue skies and created awareness to find solutions for 17 Sustainable goals.



## Wetland Symposium by Globe Asia Pacific

On the occasion of World Wetland Day, a virtual session was organised by **Globe Asia Pacific** Coordination office and Indian Environmental society wherein a team of 5 students along with Environment Manager **Mrs. Vipra** had an opportunity to interact with delegates from **Nepal, Srilanka, Phillipines and India**. Students received **Certificates of Appreciation** for their power packed presentation on **Ropar Wetland** on the theme **“Its time for Wetland Restoration”**.

## Session on Genome Diversity

To aware the students about **biodiversity and importance of medicinal plants**, a team of experts from **Punjab Agricultural University** visited BCM premises and gave a wonderful presentation on **Indigenous fruit trees and importance of conserving Genome Diversity**. Involving the students, they planted few indigenous plants viz. **Harar, Bahera, Lasura, Palash, Moringa, Kanju** in the Science Park.



## Monthly Quiz

April 2023

Madhav Sharma VI-I

# SPORTS



- **Arunima Pal** (XII Arts) got first position in Doubles, second in Team Event and third in Mix Doubles. **Saanvi Nautiyal** (IX-I) bagged second position both in Doubles and Team Event. She also got Third position in All India U-17 Ranking Tournament. The Duo paved their way to the Nationals.
- Our shuttlers, **Aditya Sharma** (VIII A) and **Raghav Bhatia** (VIII B) clinched 3rd position in Punjab School Games State Badminton Championship held at Hoshiarpur.
- In Open State Judo Tournament (U-11), **Shaurya** (VI-G) brought laurels to the school by winning Gold medal.
- Our nascent Martial Artists **Gursahib Singh** (III-J) and **Sehajleen Kaur** secured Gold Medal in Punjab State Karate Championship.
- Our dribblers (U-14 Girls) clinched First Prize and (U-14 Boys) got second position in Punjab State Basketball Tournament.
- Chess masters **Aatmik Tayagi** (IV-H), **Abhayjeet Singh** (IV-C), **Garv Munjal** (V-A) and **Vyom Joshi** (III-C) won Silver Medal in Punjab Primary School Games.

## BCM Aryans dazzle in LSSC Competitions

- Exceptionally promising BCM Aryans put in an all round power packed performance in the Cricket (U-19 Boys) Tournament and won first position.
- Skillful and ardent Chess players lifted Gold medals in U-14 as well as U-17 Girls & Boys categories.
- Our participants showcased inexhaustible agility, marvellous techniques and unbeatable stamina in **Badminton Championship**. Over 15 schools and about 500 resilient, young enthusiasts locked horns in 6 categories wherein BCM Aryans came out as winners in U-17 Boys & Girls and U-19 Girls Categories. In U-14 Boys & U-19 Boys, they got 1st Runners Up position.



## NCC

### Our NCC Cadets...

- set an example of selfless service and team work by visiting an Old Age Home and participating in Tree plantation drive.
- were encouraged to get in on the act of cycle rally which was organised to create an awareness for healthy lifestyle and fitness.
- took part in 'Swachhata Campaign' making a move toward 'Clean and Green India.'
- acquired A level certification, as many as 36 cadets appeared in this exam whereas 20 cadets appeared for B level certification to avail various opportunities and benefits provided by the Indian Govt.



## 30th National Children Science Congress

Our senior team comprising Yamy Nayyar (XI-N.M.) and Pearl Preet Kaur (X-D) got an opportunity to stretch their wings of imagination and ingenuity while participating in the 30th National Children Science Congress held at Ahmedabad.

They presented their research project on the topic 'To know what we don't know - the hidden side of Herbs' and got selected amongst first 100 teams. The project was also selected for presentation at 108th Indian Science Congress.



## BCM Aryans visited Rashtrapati Bhavan for 'Udyan Utsav'

Principal Mrs. Anuja Kaushal along with a team of 5 teachers and 44 students of Class IX visited the iconic 15 acres 'Amrit Udyan' at Rashtrapati Bhavan wherein everyone was overwhelmed with the beauty of countless colourful flowers in various garden sections viz. Herbal Garden, Bonsai Garden, Musical Fountain Garden, Mughal Garden, Rose Garden and Circular Garden. The children got an opportunity to relive important moments of Indian history through specially created scenes in the museum gallery.



## Science Exhibition on Wheels

To stimulate the interest of young geniuses in scientific discoveries and catalyze new innovations, the school organized Dr. APJ Abdul Kalam Science Workshop in collaboration with Chandigarh University and the Department of Science and Technology, Government of India. Designed with modern equipments and relevant facilities, the mobile exhibition bus "Exhibition on the wheels" along with a team of learned scientists from multidiscipline showcased interesting information on different aspects of science such as rocket science, mathematical sciences, environment sciences, biological sciences and agriculture.



## Fire Safety Drill

To apprise, train and create awareness among the staff and class IV employees about disaster management, the school conducted a mock fire and evacuation drill in the campus. Mr. Verma from Rajindera Fire Services shared simple and easy guidelines to follow safety tips with the staff. He demonstrated the functioning of a fire extinguisher and operating hydrant system wherein brief information and procedures on fire hydrant technique which is designed to provide rapid access to water if a fire breaks out was given.



## Pariksha Pe Charcha

### BCM Arya viewed PM Modi's Interaction with students

Ahead of the upcoming board and entrance examinations, Prime Minister Narendra Modi interacted with students and teachers at the sixth edition of Pariksha Pe Charcha at Delhi's Talkatora Indoor stadium and students viewed its live streaming in the school.

He exhorted them to recognize their potential and work accordingly as ordinary people have the strength to achieve extraordinary feats. He guided students not to use unfair means during exams saying cheaters can pass exams, not life. Replying to a question on the distractions caused by technology, he advised them to adopt digital fasting once a week to reconnect with family members and use gadgets wisely. Highlighting the importance of smart work, he quoted that it is important to first understand and analyze the work and then seek smart ways to perform it with dedication.





# Scholars' Arena

## Academic Accolades (2021-22)

### Class Nursery

Star	Name of the Student	Section
★	Awalnoor Kaur Mankoo	Nur-I
☆	Tahira Dhand	Nur-B
★	Mishika Chawla	Nur-C

### Class LKG

Star	Name of the Student	Section
★	Dishi Dua	LKG-E
☆	Kainaat	LKG-E
★	Freya Bansal	LKG-E
	Himansh Makhija	LKG-J

### Class UKG

Star	Name of the Student	Section
★	Ruhaan Khurana	UKG-G
☆	Vridhhi Gupta	UKG-E
★	Manyata Taneja	UKG-B

### Class I

Star	Name of the Student	Section
★	Lizaina Khurana	I-F
☆	Riyansh Panchi	I-F
★	Ehaana Jain	I-J

### Class II

Star	Name of the Student	Section
★	Prabhnoor Kaur	II-H
★	Diwanshi	II-A
☆	Nadya Bhatia	II-C
★	Jaskirat Kaur	II-E

### Class III

Star	Name of the Student	Section
★	Bandgi Kaur	III-F
☆	Myrah Gulati	III-B
★	Sameira Jain	III-J

### Class IV

Star	Name of the Student	Section
★	Yedhant Bhakoo	IV-G
☆	Hargundeep Kaur	IV-B
★	Sirjan Kaur	IV-A

### Class V

Star	Name of the Student	Section
★	Mehaan Khurana	V-F
☆	Agamya Tyagi	V-F
★	Anhad Uppal	V-D

## Overall Toppers

### Class VI

Name of the Student	Class	Position
Vrinda Dua	VI-F	First
Japjot Singh	VI-J	Second
Annika Gupta	VI-D	Third

### Class VII

Name of the Student	Class	Position
Saanjh Kaur	VII-E	First
Anhad Kaur	VII-H	Second
Dhriti Aggarwal	VII-E	Third

### Class VIII

Name of the Student	Section	Position
Mehreen Bains	VIII-J	First
Ashirya Patial	VIII-B	Second
Saumya Gupta	VIII-D	Third

### Class IX

Name of the Student	Section	Position
Harshika Chawla	IX-E	First
Yuval Jain	IX-C	Second
Kartik Slaria	IX-H	Third

### Class XI

Name of the Student	Stream	Section	Position
Vaibhav Kochar	Mass Media		First
Keshav Bathla	CFS		Second
Saksham Joshi	Commerce		Third

# STAFF news

## Our Director...

*Dr. Paramjit Kaur*



- ❖ was invited as 'Guest of Honour' and acknowledged as 'Distinguished Educationist' by 'Lifeline Multi specialty Hospital'
- ❖ was invited as 'Guest of Honour' at the Golden Jubilee Installation Ceremony of JCI, Ludhiana.
- ❖ was invited as a panelist for Panel discussion on equipping educators with the 'Knowledge & skills to implement NCF-

2022 for the Foundation stage in their classrooms's at KVM School.

- ❖ was invited as a Panelist at BCM College of Education for 'Mock Interview Session' during Skill Enhancement Week 2023.
- ❖ was invited as 'Chief Guest' at BCM School, Chandigarh Road, Ludhiana for Graduation Ceremony-UKG.
- ❖ shared thought provoking blogs through her creative platform scilicet; Let us start 2023 with a bang, Beat the stress and perform your best, Be safe, Play Safe!!

## Our Principal...

*Mrs. Anuja Kaushal*



- ❖ attended a session on Integrated Payment System (IPS) by CBSE at Guru Nanak Public School, Sarabha Nagar, Ludhiana
- ❖ attended CBSE workshop on Leading Transformation for Principals at Guru Nanak Model Sr. Sec. School, Doraha.
- ❖ was a panelist for Discussion on Examination Centre

Guidelines for Centre Superintendents at Kundan Vidya Mandir Sr. Sec. School.

- ❖ was invited as Chief Guest at Hogwarts Castle Ludhiana for Annual Show.
- ❖ attended a workshop on Making our Schools Globally Competitive (PISA For Schools) by Dr. A. Senthil Kumaran.
- ❖ addressed the parents through her inspirational podcasts scilicet; Attend Today, Achieve Tomorrow, Teaming up with Technology, Every Parent has a Power to Prevent.

## Staff Workshops

- ❖ Mrs. Anjali Kamboj and Dr. Pooja Vohra attended a Capacity Building Programme on Adolescence Education organised at Jesus Sacred Heart School, Ludhiana. The resource persons were Mrs. Sonia Verma & Mrs. Sangeeta.
- ❖ Mrs. Navpreet Bathal acted as the resource person for facilitating Capacity Building Programs on 'Career Guidance' organized by CBSE at Gobindgarh Public School, Mandi Gobindgarh and "National Education Policy 2020" at Him Academy Public School, Salasi, H.P.
- ❖ Dr. Jyotsana and Mrs. Karanjit Kaur attended a Two-day certification program on 'Unlocking Innovation Through Counsellors Toolkit' at Shoolini University, Solan.

## Principals' Meet on 'PISA

A highly interactive session on "Making Our Schools Globally Competitive" was hosted by the School which was designed to provide school leaders with insights and recommendations to prepare students for success in the global education landscape.

The distinguished guest speaker, Dr. A. Senthil Kumaran, Chief Conflucner, The Learners Confluence & Director, Chief Mentor, Excel One (Accredited National Service Provider for PISA for schools in India) enlightened about 30 eminent Principals of various prestigious schools of the city on how schools can remain competitive in today's globalized world.





Mrs. Anita Chaudhary  
29 years of Passion



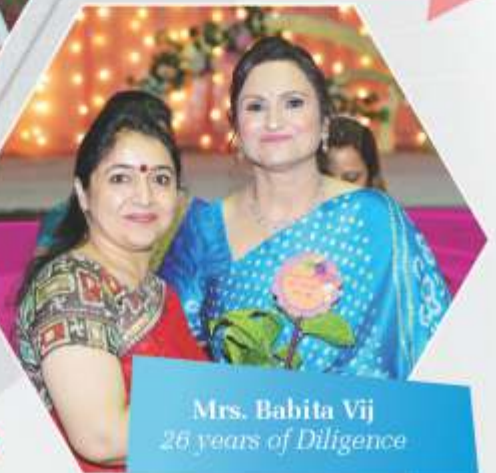
Mrs. Madhu Chopra  
36 years of Inspiration



Mrs. Harpreet Kaur  
18 years of Dedication



Mrs. Suman Verma  
35 years of Inspiration



Mrs. Babita Vij  
26 years of Diligence



Mrs. Promila Goel  
36 years of Devotion

## Farewell to Educators Extraordinaire

### Honoring the Legacy of Exceptional Teachers

*Celebrating a Lifetime of  
Dedication and Achievement*



Mrs. Ravinder Kaur  
20 years of Passion



Mrs. Romila Ahuja  
19 years of Commitment



Mrs. Achla Kalra  
22 years of Warmth & Care



Mrs. Gitanjali Kanwar  
23 years of Devotion

## An Eternity of Gratitude



Mrs. Indu Dhir  
37 years of Dedication

## DEPARTMENT OF SKILL EDUCATION

- XI CFS students gained insight about Mutual Funds and its operations by visiting Mutual fund Branches like HDFC, NIPPON, SBI, DSP and IDFC during one day industry internship program.



- All students of XI and XII CFS took NCFM online exam and qualified for Skill India CBSE and NSE joint Certificate. **Dikshit (XII) stood first by scoring 96 %.**
- Mr. Bhupinder Singh, HOD Financial Markets Management** was the key speaker at an interactive session on FMM & Financial literacy organised by BVM (USN) for the students of class IX & X. He projected on diverse methods of managing finances and shared many mantras of investment for financial independence.



- Nikhil Aggarwal (XII CFS)** was declared **National Topper of National Automobile Olympiad** organised by Automotive Skills Development Council (ASDC) of India.
- Mrs. Maninder Kaur** conducted an interactive session 'Train the Trainer' organised for the Skill Development Department on AI and its use.



*Congratulations*

**For getting 100% Scholarship**



**From The University ARCHISHA SHARMA**  
**of Melbourne XII MASS MEDIA**  
**For Bachelor of 98.4%**  
**Design in Digital (2021-2022)**  
**Technologies**

## Counsellor Speaks



### Don't Puff Away Your Future

#### Why do teens try drugs?

- ▲ To feel cool and different.
- ▲ To deter boredom and for celebrations.

#### Recognising unhealthy drug usage

- ▲ Missing school and school activities frequently.
- ▲ Lack of energy and motivation, weight loss or gain, red or watery eyes.
- ▲ Sudden request for money without reasonable explanation.

#### Role of Parents to Prevent the Misuse of Drugs

- ▲ **Communicate** - Talk to your children about the risks of drug use and misuse.
- ▲ **Listen** - Be a good listener when your children talk about peer pressure and be supportive of their efforts to resist it.
- ▲ **Strengthen the bond** - Work on your relationship with your children. A strong and stable bond between you and your child will reduce your child's risk of using or misusing drugs. After-all

*An ounce of prevention is worth a pound of cure.*

## आर्य पुत्र एवं आर्य पुत्री का चयन

आर्य बाल सभा के सभी विद्यार्थियों की वौखिक मूल्यांकन हेतु परीक्षा हुई। जिसमें वैकल्पिक प्रश्न और लिखित प्रश्न पूछे गए। इस परीक्षा में आर्य पुत्र के रूप में कविश गुप्ता आर्य पुत्री के रूप में सौम्या गुप्ता का चयन किया गया।

Quote of the Quarter



By **Karanjit Kaur** - Co-Editor  
 Designed by **Ms. Davinder Kaur**



▲ In order to elucidate the students on 'Cervical Cancer', a pamphlet on students' profile was uploaded to raise an awareness among students and parents about the early detection tests and vaccinations in order to prevent this disease.

▲ To illuminate the students on augmenting problem of drug abuse an 'Expert Talk' for Class VIII was organised in Swami Dayanand Hall. A highly interactive and enlightening session was conducted under the skillful guidance of resource person **Dr. Harinder Singh** (child specialist and adolescent consultant).



## An Enriching Simulated National Youth Parliament

To anneal the roots of democracy and empower the students to understand the functioning of our parliamentary institutions, the session of Youth Parliament was organised for the students of classes IX and XI wherein they enacted the parliamentary proceedings.

In this make believe Parliament, students typically role played delegates and simulated committees thus getting acquainted with the ethos of the cultural nation. The assemblage deputised about 55 debaters being the country's diplomats, legislators and representatives to address issues such as '**Women Reservation Act 2010**' and '**The Convention against torture and other cruel treatment**'.

It was unquestionably a contemporaneous experience for the effervescent debaters who went deep into the problems with their associates and developed confidence and leadership skills.



## YFU Scholarship to Japan

**Janvi Shikarpuria** (12 Arts) got an exciting and meaningful experience under the Youth Exchange Programme with YFU. During her exciting stay with a Japanese host family, she got a wonderful opportunity to improve her language skills, increase cultural awareness and a better understanding of global issues. She also attended **Kofu Higashi High School** and gained an insight into Japanese system of education.



# KINDERGARTEN Activities

## Saying Hello to Spring... Spring Carnival



DAY OF  
SPLENDOUR



TARGETING TO WIN



FUN UNLIMITED



RELATED TO  
MEET TOON  
FRIENDS



LITTLE INSPIRERS

SOCIETY HELPERS-  
EVERY INDIVIDUAL  
MATTERS



GLIMPSES OF THE LEARNING CURVE

DEFILE-DE- MODE  
- AN ODE TO NATURE

ADVENT OF GOLDEN SEASON



Thematic  
Teaching



VEER BAL DIWAS



PROCEEDING WITH PRECAUTION



The Class Presentation

# Primary Activities



Whiz Kids – The more you know, the smarter you grow



Today's students, tomorrow's leaders - Jr Mun



Character Silhouette - Balance, Belief and Looks



Visit to Old Age Home – Respect and honour our seniors, they are our legacy

Defile De Mode - our little fashionistas

# ATHLETIC MEET

## KINDERGARTEN AND PRIMARY

BCM Arya was filled with great verve and excitement as the three day long Annual Athletic Meet of Kindergarten and Primary had a vibrant start. The meet provided opportunity to more than 3400 students from Nursery to class V to showcase their inexhaustible agility, strength, technique and stamina by competing in about 80 different track events in this meet with the motto "FIGHT FOR FITNESS". **Mr. Ravinder Singh (District Sports Officer)** graced the occasion as Chief Guest. The meet commenced with the well synchronized and prismatic March Past. The most captivating event of the ceremony was the relay of the torch by our State and National Level Junior Sports Stars. The students entered into the spirit of the occasion with the declaration of the Meet Open.



Marching With Flags



Hoop race



Running with balls



Marching towards the finishing line



Hopping with sacks



String the Pearls



Learning to balance the life



Build your Empire



Directing the Wind



Blooming Buds



Bob The Builder



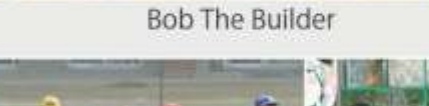
Chef Goes Shopping



Treasure Hunt



Take a Flight



Crossing The Hurdles



Pirates On The Ground



Clowns In the Ground



Hooping Wizards



Magic Tunnel Race



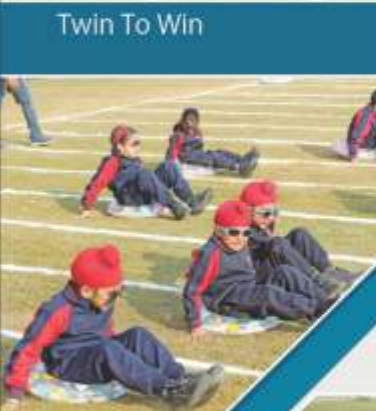
Twin To Win



Let's Run Buddy



Formula 1 Race



Dragging to Swim



Save Your Softy



Master Chef Race



Suck The Nector



Roll The Rope



Together We Can



Looping The Hoop

## अनोखा यज्ञ

राजा चंद्रमान एक बहुत ही सुलझे हुए, दानी और प्रतापी राजा थे। काम में उन्हें नवीनता पसंद थी। एक दिन उनके मन में विचार आया कि क्या कोई ऐसा यज्ञ हो सकता है जिसमें न तो धन की हानि हो और न ही लोगों के समय की, परंतु पुण्यलाभ अवश्य मिले। अपनी यह जिज्ञासा उन्होंने अपने महामंत्री के साथ सांझी की तो महामंत्री भी सोच में पड़ गए, क्या सचमुच कोई ऐसा यज्ञ हो सकता है जिसमें 'हींग लगे न फिटकरी और रंग भी चोखा होए'। अस्तु महाराज की इच्छा है तो उसे क्रियात्मक रूप में तो लाना ही है; यही सोचकर उन्होंने राज्य में मुनादी करवा दी कि महाराजाधिराज के इच्छित यज्ञ के लिए नगर के सभी ज्ञानी गुणीजन विद्वान इस संबंध में अपने विचार देने के लिए सादर आमंत्रित हैं।

बहुत से गुणी विद्वान अपने विचार लेकर राजसभा में पहुँचे लेकिन राजा चंद्रमान को कोई विचार पसंद ही नहीं आता था। धीरे-धीरे लोग इस बात को भूलने लगे और काफी समय बीत गया।

एक दिन एक ब्राह्मण ने महाराज से मिलने की इच्छा व्यक्त की। महामंत्री जी से अनुमति पाकर वह राजा के समक्ष उपस्थित हुआ और बोला "राजन! मैंने सुना है कि आप एक अनोखा यज्ञ करना चाहते हैं जिसमें आपको अनंत पुण्यलाभ मिले। मैं आपकी इच्छापूर्ति के लिए बड़ी दूर से आपके पास आया हूँ।" महाराज ने यज्ञ संबंधी अपनी इच्छा सांझी करते हुए उन्हें अपनी शर्त से परिचित कराया। मुस्कराते हुए उस ब्राह्मण ने कहा, "हो जाएगा, लेकिन इसके लिए आपको कुछ मेहनत करनी पड़ेगी।" महाराज सहर्ष तैयार हो गए। यज्ञ के लिए अगले सोमवार का दिन नियत किया गया।

पूरा सप्ताह बीत गया। सारी प्रजा हैरान थी। आज यज्ञ होने वाला था लेकिन यज्ञ की कोई तैयारियाँ कहीं दिखाई नहीं दे रही थीं। निश्चित समय पर ब्राह्मण राजसभा में पहुँचा और राजा चंद्रमान को अपने साथ चलने का आग्रह किया। राजा चुपचाप चल पड़े। ब्राह्मण उन्हें एक खुले स्थान पर ले गया जहाँ बहुत सारे छोटे-छोटे पौधे रखे हुए थे। "यह सब क्या है? पंडित जी!" राजा ने अचरज से पूछा। ब्राह्मण ने मुस्कराते हुए कहा, "यह यज्ञ का शुभारंभ है, श्रीमान! आइए मिलकर इस पुण्ययज्ञ को संपन्न करें।" यह कहते हुए उन्होंने एक नन्हा पौधा राजा के हाथ में रख दिया। राजा ब्राह्मण का मंतव्य समझ गए और बड़े मनोयोग से रास्ते के दोनों ओर छोटे-छोटे पौधे रोपने शुरू कर दिए। कार्य समाप्त होने पर ब्राह्मण देवता ने उन्हें आशीर्वाद देते हुए कहा, "महाराज! आपका यज्ञ संपन्न हुआ। यह यज्ञ इतना अनोखा है कि इसका यश आपके साथ-साथ आपकी आने वाली पीढ़ियों को भी प्राप्त होगा। न केवल आपकी संतानों बल्कि पूरी प्रजा को इस यज्ञ का पुण्यलाभ मिलेगा। ये नन्हें पौधे फलदार और छायादार पेड़ बनकर अनंत वर्षों तक आपकी कीर्ति की गाथा सुनाते रहेंगे।" स्वयं राजा और समस्त प्रजाजन आश्चर्यचकित और प्रसन्न थे। अनोखा यज्ञ करने की राजा की चाह पूरी हो गई थी।

प्यारे बच्चों!

अक्सर हम लोककल्याण की इच्छा तो जताते हैं परंतु साधनों की दुहाई देकर अपने कदम पीछे भी खींच लेते हैं। याद रखिए, हर काम के लिए धन की जरूरत नहीं होती। जीवन में अच्छा काम करना हो तो तन और मन से समर्पण करना सीखिए। जीवन का हर कर्म एक 'अनोखा यज्ञ' हो जाएगा।

डॉ. अनु शर्मा कौल  
हिन्दी विभाग



## Foods to Boost Your Brain and Memory

- DARK CHOCOLATE** : Dark chocolate and cocoa powder are packed with a few brain-boosting compounds, including flavonoids, caffeine, and antioxidants.
- TURMERIC** : Curcumin, the active ingredient in turmeric directly enters the brain and benefit the cells.
- BLUEBERRIES** : Blueberries can help improve memory and certain cognitive processes in children.
- PUMPKIN SEEDS** : Pumpkin seeds contain powerful antioxidants that protect the body and brain from free-radical damage.
- ORANGES** : Oranges having higher levels of vitamin C, associated with improvements in tasks involving focus, memory, attention, and decision speed.



Mrs. Ashima Sharma  
HOD Home Science

# Play with Numbers

## S-U-D-O-K-U

The classic **Sudoku** game involves a grid of 81 squares. The grid is divided into nine blocks, each containing nine squares.

### Rules

- Each of the nine blocks has to contain all the numbers 1-9 within its squares.
- Each number can only appear once in a row, column or box.

## Congratulations!

Winners of SUDOKU - December - 2022

Omansh Chadha- V-J

Aayushi Batta-XI NM

Gaurish-UKG-C

Khyaati Joshi-XI NM-C

Manaviraj Singh-VI-C

Solutions : December 2022

2	9	6	7	3	8	4	1	5
1	7	8	6	5	4	9	2	3
5	3	4	9	1	2	6	8	7
6	5	7	8	2	1	3	4	9
8	1	9	4	6	3	7	5	2
3	4	2	5	7	9	1	6	8
9	2	1	3	4	5	8	7	6
7	8	5	1	9	6	2	2	4
4	6	3	2	8	7	5	9	1

5		9	4					
		3				6	9	
	1							5
	5		1	8				
3				5				7
				9	6		5	
9			2				7	
		8				5		
					7	1		3

Mr. Narender Singh  
(HOD Mathematics)

### Please Note :

Solve the **Sudoku** and send it to [sudoku1015@gmail.com](mailto:sudoku1015@gmail.com) along with Name, Class and Section by **15th July 2023**.

Look out for answers in the next issue.

## LIBRARY CORNER

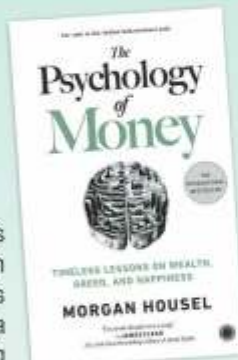


### Senior Library

**Total No. of Books** : 19951  
**Name of the Book** : **The Psychology of Money**  
**Author** : **Morgan Housel**

**About the Book** : The Psychology of Money is an excellent and easily understandable book which generates interest about financial literacy. It provides guidance in managing money, being satisfied, living a happy and financially independent life. Award-winning author, Morgan Housel, through 19 short stories provides a better perspective to look at money and its value.

In real life, people make financial decisions based on their emotions and intuitions. Time and patience are the key components to achieve long-term financial success. One needs to have a strong mind and heart for investing and getting compounded returns. The author provides sound and thoughtful investment advice by examples of Warren Buffet. Finally, the author tells his own story about how he uses his money.

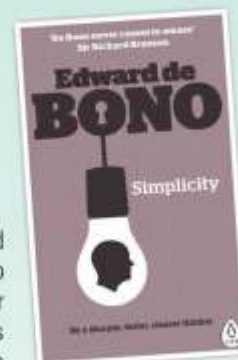


### Junior Library

**Total No. of Books** : 11125  
**Name of the Book** : **Simplicity**  
**Author** : **Edward de Bono**

**About the Book** : World-renowned writer and philosopher Edward de Bono shows us how to bring simplicity into our increasingly complicated lives. Through his ten rules of simplicity, he encourages us to be creative and break down the complex into manageable and recognisable parts. By making the complicated simple, we will free up time, reduce stress and make better decisions.

This outstanding read brims with anecdotes and challenger thinking. It's been an inspiration behind some of our own thinking on how to simplify organisations. Simplicity needs to be a chosen path, there's no natural evolution to it.



# DEVOTEES PAY OBLATIONS TO MAHARISHI DAYANAND SARASWATI JI



A soulful ambience reverberated with purity and piety all around the premises of BCM Arya as the 200th auspicious birth anniversary of Jagatguru Maharishi Swami Dayanand Saraswati ji, founder of Arya Samaj was celebrated with great fervour in Swami Dayanand Hall on 26th February with sacred 11 'KUNDIYA MAHAYAJYA' in the benign presence of **Acharya Rajendra Singh Ji Shastri** (Purohit, Arya Samaj Model Town, Ludhiana) and **Shri Rajendra Vrat Ji Shastri** (Purohit, Arya Samaj Dal Bazar, Ludhiana). The **Ved Pradarshani** i.e. 'Vedas Exhibition' was the prime attraction, wherein Professor Satya Vrat Rajesh's book 'Nirale Dayanand' was also distributed. **Mr. Suresh Munjal, President of Arya Samaj**, dwelt upon relevance of Vedas in myriad spheres of life.

The mystical journey proceeded with grand Shobha Yatra/Prabhat Pheri. Students carrying saffron flags bearing 'Aum' and voicing slogans like 'Maharishi Dayanand Ki Jai' and 'Arya Samaj Amar Rahe' moved in the city depicting Swamiji's ideology, made the Shobha Yatra remarkable.



## ACCOLADES – THE MOST PROMISING PUBLIC SCHOOL OF THE YEAR - PUNJAB 2023

Our school bagged the 'Most Promising Public School of the Year – Punjab 2023' Award by Asia Today Research & Media, New Delhi.

The prestigious Award was conferred by Sh. Raj Kumar Ranjan Singh, Minister of State for Education and External Affairs and Sh. Ramesh Pokhriyal, Former Cabinet Minister of Education.

The recognition inspires us to continue for the pursuit of excellence in education.



### Fee Payment Schedule

(Without Late Fee)		Timing of Accepting fee	
Nursery to I	1st-3rd July 2023	Monday to Friday	
II to IV	4th & 5th July 2023	10 a.m. to 1:00 p.m.	
V to VIII	6th & 7th July 2023	Saturday	
IX to XII	8th-10th July 2023	10 a.m. to 11:30 a.m.	

\* ₹50/- as fine upto 12th of the first month of the quarter

### Activities Ahead

- May Evaluation 2023
- Summer Vacation
- Multifarious Summer Camps
- Domestic and International Educational Trips

Co-editor - Mrs. Karanjit Kaur

"Not how long, but how well you have lived is the main thing." – Seneca